



**2nd Afro-Asian Senior Championships
For Women & Men
15-20 December 2015
Egypt, Sharm El Sheik**

Tentative Competition Schedule

14 December 2015

Delegation Arrival

15 December 2015

14:00 Afro-Asian Council Meeting

19:00 Final Verification Entry

16 December 2015

10:00 48kg Women Competition

13:00 56kg Men Competition

15:00 53Kg Women Competition

18:00 62Kg Men Competition

17: December 2015

10:00 58kg Women Competition

13:00 69Kg Men Competition

15:00 63Kg Women Competition

18:00 77Kg Men Competition

18 December 2015

10:00 69kg Women Competition

13:00 85Kg Men Competition

15:00 75Kg Women Competition

18:00 94Kg Men Competition

19 December 2015

10:00 +75Kg Women Competition

13:00 105Kg Men Competition

15:00 +105Kg Men Competition

20:00 Closing Ceremony

20 December 2015

Departure.

The Schedule can be change after the final verification meeting.



1. Dates:

- Competitions during the period from 15-20 / 12/2015
- Training halls available during the period from 14/12/2015

2. Competition Rules and Regulations:

Competition will be held in accordance with of the latest International Weightlifting Federation (IWF) technical and competition rules & regulations and the manual for the organizers of world championships of IWF.

3. Eligibility:

Only National Federation/Associations affiliated with the African & Asian Weightlifting Federations are eligible to participate; participating athletes whom boar in 2000 or earlier (15 Years of age and over). With reference to article 5.6.4 of the IWF anti-doping policy, the athletes who are not listed in the IWF's registered testing pool and who want to enter an IWF & continent event shall nevertheless register to ADAMS system and submit proper whereabouts information at least 2 months before the IWF & continent event in question. The Athletes who do not comply with this provision are not eligible to compete.

4. Competition venues and training:

- Indoor Hall in Sharm El Sheikh

5. Sport Equipment:

- IWF approved sport equipment will be provided ZKC

6. Accommodation:

- Hotel (will be specify the name and address of the hotel later)
- 100USD\$ for Double room per each person.
- 120USD\$ for Single room.

7. Doping Control:

Doping control will be conducted according to the IWF Anti-Doping Policy and will be carried out by the IWF selected doctors.

8. Financial conditions:

The Afro-Asian Council will cover:-

- The accommodation and board of two persons form each participant national federation.

The organizing committee will cover:-

- The accommodation for the referee.
- Provide a shuttle transfer from / to Sharm el-Sheikh airport.
- Provide a shuttle transfer from / to training hall and competition hall.



The National Federation will cover:-

- Travel costs to and from his country.
- The costs of accommodation and board for all members of the delegation (administrators, Coaches, Athletes, etc.) except two persons with the following normal rates:
 - 120 US dollar per person per night for single room.
 - 100 US dollar per person per night for double room.

All the payment should be paid directly upon arrival to the organizing committee.

- Participation fee (100 US \$) & (50 USD\$) the Doping fee for lifters.

9. Entry Visa:

All participants should contact the respective Embassy in their own country for Entry Visas to Egypt. If need be, your itinerary and Passport Copies should be forwarded in time to the Organizing Committee to seek permission to enable you obtain Entry Visas at Sharm El- Sheikh International Airport. Entry Visa on arrival costs 25 US dollars.

10. Transport:

- a) Local transport will be provided from/to Sharm El Sheikh International Airport for all delegations upon their arrival and departure.
- b) The Organizing Committee will provide shuttle services to/from the training and Competition site.

11. Registration forms:

- The deadline for the Primary forms is 31/10/2015.
- The deadline for the Final forms is 15/11/2015.
 - Every delegation fills out the forms to be able to make bookings and to end all the necessary arrangements.
 - Each of the participating delegations must send all the data of their delegations.
 - Photo copy of their passports delegation.
 - 2 personal Photo for each one in the delegation.

12. Flags and National Anthem:

All participating delegates of each country are kindly requested to bring an Audio CD or flash media of your National Anthem and two National Flags with a size of 120 cm x 60 cm. These Items will be submitted on arrival at the Accreditation Centre.

13. Health Insurance:

According to IWF By-Laws, the National Federations/Associations must undertake full moral and financial responsibility for their delegates, as well as for their health in case of accidents or damages.



14. Awards:

- a) Gold, Silver and Bronze medals will be awarded to the first three winners in the Snatch, Clean & Jerk and total in each bodyweight category of both senior women's & Men's division.
- b) Trophies will be awarded to the best 3 teams in each of the (Women & Men).
- c) Best lifter trophies will be awarded in both women's and men's events.
- d) Certificates of participation will be presented to all participants.

15. Contacts:

a) Mr. Mohammad Hassan Jaloud

General Secretary
Asian Weightlifting Federation
IWF Executive Board Member
(jaloud1961@yahoo.com)

b) Mr. Manareddin Eshelli

Secretary General
Weightlifting Federation of Africa
(newwfa@hotmail.com)

c) Mr. Hisham Mahmoud Hamdi

Executive Director
Egyptian Federation of Weightlifting
Email: (Weightlifting_egy@yahoo.com)
Phone: 0020222616837 – 0020222621476
Fax: 0020224031050
Mobile: 00201223642183 – 00201016310631

Eng. Khaled MHALHEL
WFA President

