



Weightlifting Federation of Africa

The Approved 2015 WFA Development Plan

- 1- Organizing a Technical education seminar in conjunction with the IWF during the African Youth and Junior championships in Uganda, in the period between July 27th – August 3rd 2015.
- 2- Organizing an Anti-Doping education seminar in conjunction with the IWF during the African Youth and Junior championships in Uganda, in the period between July 27th – August 3rd 2015.
- 3- Conducting the promotion exams for an international referees from 2nd category to 1st category during the African Youth and Junior championships in Uganda, in the period between July 27th – August 3rd 2015.
- 4- A one week training courses for coaches will be organized by the WFA divided into three groups upon Africa Zones in conjunction with the IWF as follow;

Group (1) – National Federations/Associations Located in South of Africa

- 1) Hosting by the National federation of **South Africa**;
- 2) Period; from November 02nd - November 08th 2015;
- 3) The following permitted National Federations to participate with three coaches;
(South Africa, Madagascar, Mauritius, Seychelles, Swaziland and Botswana).
- 4) The WFA will cover the accommodation and board for the participants / Lecturers;
- 5) The WFA will cover the travel expenses and honorarium of the lecturers;
- 6) The WFA will cover the daily technical costs (room renting fee, interpretation, printing cost, etc.).

Group (2) – National Federations/Associations Located in North of Africa

- 1) Hosting by the National federation of **Algeria**;
- 2) Period; from October 13th - October 19th 2015;
- 3) The following permitted National Federations to participate with three coaches; (Egypt, Libya, Tunisia, Algeria, Morocco and Mauritania);
- 4) The WFA will cover the accommodation and board for the participants / Lecturers;

- 5) The WFA will cover the travel expenses and honorarium of the lecturers;
- 6) The WFA will cover the daily technical costs (room renting fee, interpretation, printing cost, etc.).

Group (3) - National Federations/Associations Located in Central of Africa

- 1) Hosting by the National federation of **Kenya**;
- 2) Period; from November 3rd - November 09th 2015;
- 3) The following permitted National Federations to participate with three coaches; (Cameroon, Uganda, Kenya, Ghana, Nigeria, Somalia, Republic of Congo, Ethiopia and Sudan);
- 4) The WFA will cover the accommodation and board for the participants / Lecturers;
- 5) The WFA will cover the travel expenses and honorarium of the lecturers;
- 6) The WFA will cover the daily technical costs (room renting fee, interpretation, printing cost, etc.).

5- WFA Light Equipment Donations to National Federations/Associations:-

- The Weightlifting Federation of Africa (WFA) will donate to each an active national federation/association with the following light equipment:-
 - Fifteen pairs of weightlifting shoes;
 - Fifteen weightlifting costumes;
 - Fifteen weightlifting belts;
 - Ten Magnesia containers.
- Receiving National federations/associations:-
 - (Algeria, Botswana, Cameroon, Congo republic, Egypt, Ghana, Kenya, Libya, Madagascar, Mauritius, Morocco, Nigeria, Seychelles, South Africa, Tunisia and Uganda).

6- WFA Financial support:-

The Weightlifting Federation of Africa (WFA) will contribute financially to the Uganda weightlifting federation of (10000 USD) to host the African youth and junior weightlifting championships.

THANK YOU



Eng. Khaled MHALHEL

WFA President

