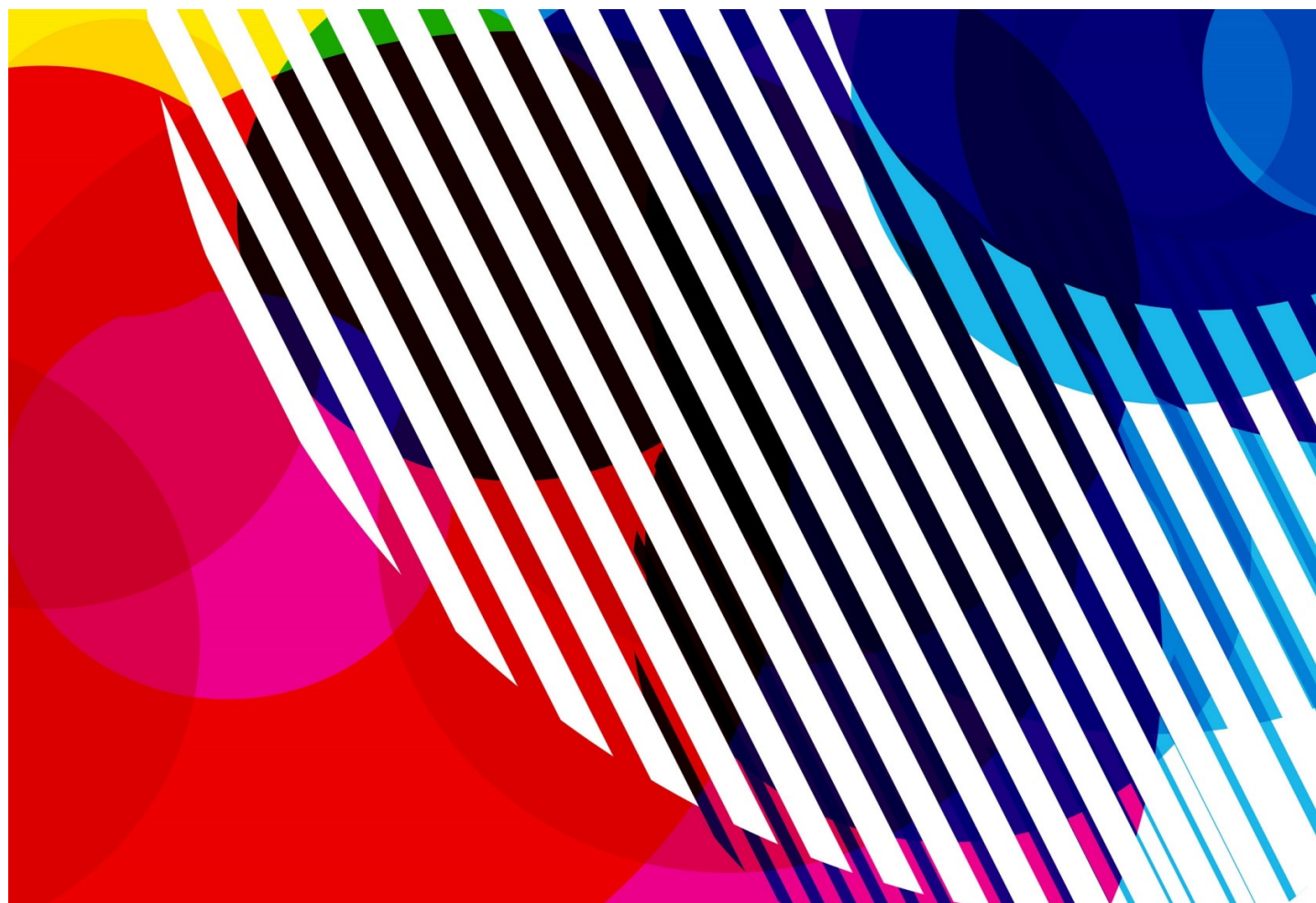




**IWF**

INTERNATIONAL  
WEIGHTLIFTING  
FEDERATION

# NEEDLE POLICY



The following IWF Events are “needle-free” for all participating athletes (“**Athletes**”).

- IWF World Championships;
- Continental Olympic Qualification Events,
- IWF Grand Prix

Needles **must not** be used except by:

(i) medically qualified practitioners for the clinically justified treatment of injury, illness or other medical conditions (for which a valid TUE may be required); or

(ii) those requiring auto-injection therapy for an established medical condition with a valid TUE, e.g. for insulin dependent diabetes.

It is the responsibility of each Athlete, his/her entourage and each Member Federation (“MF”) to ensure compliance with this IWF Needle Policy. In particular, each MF must ensure that:

- I. Any needles, and associated clinical materials, intended for use by members of its delegation are stored in a central secured location, access to which is restricted to authorized medical personnel of the MF delegation. Athletes with a valid TUE for the use of insulin, and non-athletes requiring other forms of auto-injection may keep appropriate materials with them if safely stored and disposed of in accordance with point (ii) below;
- II. all used needles and associated materials (vials, syringes, and swabs) are safely disposed of in an appropriate bio-hazards container (e.g. “sharps bin”). If necessary, these may be procured from the host medical centre;
- III. whenever an Athlete receives an injection during the period of the IWF-Competition (i.e. from the date of arrival and including the date of the Closing Ceremony), the attached “**Injection Declaration Form**” is duly completed and forwarded to the IWF TUEC via the IWF Secretariat at the competition site no later than noon the day following such injection. This applies to all injections administered to Athletes whether they occur in the Athlete’s accommodation, training hall, elsewhere in the Host Country of the IWF-Competition or in another country;
- IV. Injection Declaration Forms are completed legibly in English and any additional evidence attesting to the need for injection therapy (e.g. imaging, laboratory reports), are attached. The completed Injection Declaration Form may be, e-mailed to [tue@iwfnet.net](mailto:tue@iwfnet.net) or handled to the IWF Secretariat at the competition site.

Acupuncture or the use of dry needling techniques is not considered to be a medical injection and thus an Injection Declaration Form is not required for these treatments.

Failure to respect this IWF Needle Policy, including failure to submit a completed Injection Declaration Form to the IWF TUEC, may expose the Athlete(s), the entourage of the Athlete(s), the MF and members of its delegation as well as the person(s) having administered the injection to disciplinary action, (additional) testing and/or sanctions.

## Medical justification of injections:

There is no justification for any Athlete (except those with an established clinical condition requiring auto-injection and a valid TUE), a coach or any other non-medically qualified person to administer an injection. Injections are only permitted when there is a clinically justified reason for such an intervention as determined by the IWF TUEC. All completed Injection Declaration Forms will be reviewed by the IWF TUEC. Any concerns identified as a result will prompt a review of the rationale and justification for the treatment by a panel of physicians convened by the IWF TUEC. Ordinarily this review will include a meeting with the practitioner(s) involved in the administration of the injection.

If there is a dispute as to whether the medical justification of the injection is accepted as normal medical practice (as defined above), the issue may be referred to the IWF Executive Board by the Chairman of the IWF TUEC.

If an Organiser (f. ex. IOC, CGF) of major international sports event like the Olympic Games, Commonwealth Games or similar also has rules in place regarding the subject matter dealt with herein, the rules of the relevant this organiser shall also apply. In the event of any conflict between such rules and the present Policy, during the period of this event, the relevant Board shall resolve the discrepancy.





## NEEDLE POLICY - INJECTION DECLARATION FORM

(Please complete legibly in block capital letters & in English)

Email to: [tue@iwfnet.net](mailto:tue@iwfnet.net)

ATHLETE

<b>ATHLETE</b>	
Name of the Athlete having received the injection:	
National Federation of:	Competition: Click here to enter text.
Date of Birth: Click here to enter text.	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
<b>INJECTION</b>	
Substance(s) Injected: Click here to enter text.	
Date and place of injection: Click here to enter text.	
<b>MEDICAL JUSTIFICATION</b>	
Justification for injection, including clinical history and diagnosis (attach confirmatory evidence when available): Click here to enter text.	
<b>PERSON HAVING ADMINISTERED THE INJECTION</b>	
Name, mobile number and e-mail address of person having administered the injection: Click here to enter text.	
Specialty: Click here to enter text.	Licensed to practice in:
Signature of the person having administered the injection:  <i>By my signature, I hereby confirm that the information in this form is true and accurate and that the injection was medically justified and necessary, and administered in accordance with the IWF Needle Policy, including safe disposal of needles and associated materials.</i>	
Signature: Click here to enter text.	Date: Click here to enter text.