

# WEIGHTLIFTING FEDERATION OF AFRICA (WFA)

## African Records (Junior Women) Until 31 December 2015

Cat.	Events	Results	Name	Nation	Date	Place
48 Kg	Snatch	77	Enga Sayed	EGY	02/06/2003	Mexico
	Clean-jerk	105	Vdoh Blessed	NGR	15/08/2004	Athens
	Total	180	Vdoh Blessed	NGR	15/08/2004	Athens
53 Kg	Snatch	87	Fedelis Chenenye	NGR	31/03/2012	Kenya
	Clean-jerk	115	Fedelis Chenenye	NGR	06/11/2011	Paris
	Total	202	Fedelis Chenenye	NGR	31/03/2012	Kenya
58 Kg	Snatch	93	AHMED Esraa	EGY	11/11/2014	Almaty
	Clean-jerk	130	Esmat Mansour	EGY	04/06/2005	Almeria
	Total	222	Esmat Mansour	EGY	04/06/2005	Almeria
63 Kg	Snatch	104	AHMED Sara	EGY	12/11/2014	Almaty
	Clean-jerk	125	Okoli Agatha	NGR	08/11/2011	Paris
	Total	229	AHMED Sara	EGY	12/11/2014	Almaty
69 Kg	Snatch	110	Nahla Ramadan	EGY	23/11/2002	Warsovie
	Clean-jerk	135	Nahla Ramadan	EGY	23/11/2002	Warsovie
	Total	245	Nahla Ramadan	EGY	23/11/2002	Warsovie
75 Kg	Snatch	120	Nahla Ramadan	EGY	20/08/2004	Athens
	Clean-jerk	147	Nahla Ramadan	EGY	17/06/2003	Mexico
	Total	262	Nahla Ramadan	EGY	17/06/2003	Mexico
+75 Kg	Snatch	115	Ousman Maryam	NGR	14/05/2008	Strand
	Clean-jerk	150	Ousman Maryam	NGR	14/05/2008	Strand
	Total	265	Ousman Maryam	NGR	14/05/2008	Strand

