

WEIGHTLIFTING FEDERATION OF AFRICA (WFA)

African Records (Senior Women) Until 31 December 2017

Cat.	Events	Results	Name	Nat	Date	Place
48 Kg	Snatch	80	Marie Ranaivosoa	MRI	21/11/2015	Houston
	Clean-jerk	105	Vdoh Blessed	NGR	15/08/2004	Athene
	Total	180	Vdoh Blessed	NGR	15/08/2004	Athene
53 Kg	Snatch	88	Landolsi Nouha	TUN	13/07/2017	Vacoas
	Clean-jerk	115	Fedelis Chenenye	NGR	06/11/2011	Paris
	Total	202	Fedelis Chenenye	NGR	31/03/2012	Nairobi
58 Kg	Snatch	95	GBODO Franca	NGR	17/08/2004	Athene
	Clean-jerk	130	Esmat Mansour	EGY	07/06/2005	Almerya
	Total	222	Esmat Mansour	EGY	07/06/2005	Almerya
63 Kg	Snatch	104	AHMED Sara	EGY	13/11/2014	Almaty
	Clean-jerk	127	Laila Lasouani	ALG	03/05/2004	Tunis
	Total	229	AHMED Sara	EGY	13/11/2014	Almaty
69 Kg	Snatch	112	AHMED Sara	EGY	10/08/2016	Rio De Janeiro
	Clean-jerk	143	AHMED Sara	EGY	10/08/2016	Rio De Janeiro
	Total	255	AHMED Sara	EGY	10/08/2016	Rio De Janeiro
75 Kg	Snatch	120	Nahla Ramadan	EGY	20/08/2004	Athene
	Clean-jerk	147	Nahla Ramadan	EGY	17/06/2003	Mexique
	Total	262	Nahla Ramadan	EGY	17/06/2003	Mexique
90 Kg	Snatch	112	MUSA Balkisu	NGR	21/11/1999	Athens
	Clean-jerk	145	KHALIL Abir	EGY	11/06/2010	Sofia
	Total	255	KHALIL Abir	EGY	11/06/2010	Sofia
+90 Kg	Snatch	129	USMAN Maryam	NGR	27/07/2012	London
	Clean-jerk	161	HARIDY Shaimaa	EGY	05/08/2016	Rio De Janeiro
	Total	281	USMAN Maryam	NGR	29/03/2012	Nairobi

