



African Senior (28th M & 17th W) Weightlifting Championships Mahébourg, Mauritius 10th – 17th August, 2018

1. COMPETITION DATE AND PLACE:

The Competition will be held in Mahébourg, Mauritius from 10th – 17th August 2018.

2. TERMS AND CONDITION OF PARTICIPATION:

- A. The competition will be held and organised in accordance to the IWF technical and competition rules & regulations.
- B. The WFA will appoint the technical officials (ITOs) whom will be nominated by their national federations/associations to officiate for the championships.

3. ELIGIBILITY:

- A. According to article (1.1.2) of 2018 IWF Technical and Competition rules & regulations, the athletes born in 2003 or earlier have the eligibility to participate.
- B. With reference to Article (5.6.4) of the IWF Anti-Doping Policy, the Athletes who are not listed in the IWF's Registered Testing Pool and who want to enter an IWF Event shall nevertheless register to the ADAMS system and submit proper whereabouts information at least two months before and during the IWF Event in question. The Athletes who do not comply with this provision are not eligible to compete.
- C. Only competitors of affiliated National Federations/Associations that has no arrears towards the IWF & WFA are eligible to participate in this competition.
- D. The passport is considered as the sole official document to proof the age and the eligibility of the athlete.
- E. A maximum of eight (8) men and eight (8) women competitors could be registered plus two (2) reserves for each gender may also be entered but during the Verification of Final Entries each country can only register (8) men and (8) women as a final entry without any reserves. And it is possible to change the bodyweight categories and the entry total latest on the Verification of Final Entries.

4. COMPETITION EVENTS AND CATEGORIES:

IWF Categories for Men and Women are follows:

Men: 56 kg /62 kg / 69 kg / 77 kg / 85 kg / 94 kg / 105 kg /+ 105 kg

Women: 48 kg /53 kg / 58 kg / 63 kg / 69 kg / 75 kg / 90 kg /+90KG



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5. ENTRY FORMS:

Enclosed herewith please find both Preliminary and Final Entry Forms.

A. **Preliminary** Entry Forms, Accommodation and Transportation Forms must be submitted to both the Organizing Committee (MRI WF) and the Weightlifting Federation of Africa (WFA) respectively no later than **20th June, 2018**.

- Maximum athletes allowed on the Preliminary Entry Form are ten (10) women and ten (10) men.

B. **Final** Entry Forms, Accommodation and Transportation Forms must be submitted to both the Organizing Committee (MRI WF) and the Weightlifting Federation of Africa (WFA) respectively no later than **20th July, 2018**.

- Maximum athletes allowed on the Final Entry Form are ten (10) women and ten (10) men; this consists of a full team (eight (8) women and eight (8) men) plus two (2) reserve athletes per gender. Reserve athletes must be noted as such on the Final Entry Form.

Please also send together passport size photograph and passport copy of participants.

6. ACCREDITATION:

A. The Organizing Committee will make ready ID cards before arrival of each team, in order to avoid undesired queues at the hotel; it is required from the federations/associations to send the name list and coloured e-photos for all the delegates (athletes and officials) to OC by e-mail before 20th July 2018 with the final entry forms.

B. Accreditation of the Delegations will take place at Le Peninsula Bay Beach Resort & Spa upon arrival.

C. Please note that the Accreditation will be valid only for the days registered on the Accreditation Card at the Accreditation Centre and will be issued only after Full Payment of participation and Entry Fees.

7. DOPING CONTROL:

Doping Control will be conducted during the competition in accordance with the IWF Anti-Doping Policy and will be carried out by the IWF selected DCOs.



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8. ACCOMMODATIONS:

A. The accommodation for all delegations will be at:

[Le Peninsula Bay Beach Resort & Spa](#)

B. The hotel will be provided from 09th August to the end of the competition with the following normal rates:

- US \$ 105 full board per person per night for standard triple rooms. (limited)
- US \$ 125 full board per person per night for standard double rooms.
- US \$ 150 full board per person per night for standard single rooms.

9. FINANCIAL CONDITIONS:

A. An Entry Fee of US\$ 150 per person (including US\$ 50 Special Anti-Doping Fee) shall be paid to the WFA by each delegation for all their athletes and officials (Except the officials whom will be appointed to officiate during the competition).

B. All payments must be made in cash to the Organization Committee preferably in US Dollars upon arrival at the accreditation center.

C. The WFA is responsible for the Trophies, Medals and Certificates.

D. The Organizing Committee will cover the accommodation and board costs for three nights for the WFA EB Members.

E. The Organizing Committee will cover the accommodation and board costs for the technical officials whom will be appointed to officiate for the competition.

F. The Organizing Committee will cover the accommodation and board costs for the WFA Secretariat Members, IWF representatives. WFA TIS staff and IWF selected Doping Control Officers.

10. AWARDS:

A. Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in Snatch, Clean & Jerk and Total.

B. Trophies will be awarded to the best three teams in total respectively for both men's and women's competitions in accordance with IWF Team Classification.

C. Best lifters trophies will be awarded in both men's and women's events.

D. Certificates of participation will be presented to all participants.



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11. VENUES:

Competition Venue : Pointe Jerome – Multi Purpose Hall

Training Venue : Pointe Jerome – Multi Purpose Hall

12. SPORT EQUIPMENT:

A - Barbells: ZKC Barbells for warm up and competition, and ZKC and ELEIKO Barbells for training.

B - Results System: Competition management system approved by IWF.

13. INSURANCE:

All participating Federations must undertake full moral and financial responsibility of their registered/ accredited delegates with regard to their health and wellness and in case of accidents or damages not attributable to the OC.

14. VISA INFORMATION:

Citizen of most countries, with a few exceptions, do not require a visa for Mauritius or will receive a visa upon arrival. List of countries that require a visa prior to departure can be consulted here:

<http://passport.govmu.org/English/Passport%20and%20Visa%20Requirement%20in%20Mauritius/Pages/Visa-Requirements-in-Mauritius.aspx>

15. FLAG AND ANTHEM:

Each participating team is kindly requested to bring along a CD/USB drive of their National Anthem and two National Flags 1.0 x 1.5 m. These must be submitted upon arrival/ accreditation.

16. TRANSPORTATION:

- A. All teams will be received at Sir Seewoosagur Ramgoolam International Airport, Mauritius upon their arrival and they will be transported by shuttle bus to the Hotel, and return.
- B. Accommodation and Transportation forms (in the Final Entry form) shall state which airline and flight number of each delegate will be arriving on, and will be returned.
- C. The OC will provide local transportation between official venues/training venues and hotel.



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17. TENTATIVE PROGRAM:

Thursday & Friday 09 - 10 August 2018			
Arrival and accreditation of delegations			

Saturday 11 August 2018			
09:00	10:30	14:00	17:00
Verification of Final Entries and Technical Conference	Technical Officials Seminar	All WFA Committees Meetings	Opening Ceremony

Sunday 12 August 2018		
10:00	16:00	19:00
WFA Executive Board Meeting	Competition Cat. 48 Kg & 53 Kg (Women)	Competition Cat. 56 Kg & 62 Kg (Men)

Monday 13 August 2018		
10:00	16:00	19:00
WFA Congress Meeting	Competition Cat. 58 Kg & 63 Kg (Women)	Competition Cat. 69 Kg (Men)

Tuesday 14 August 2018		
10:00	16:00	19:00
Competition Cat. 69 Kg (Women)	Competition Cat. 75 Kg (Women)	Competition Cat. 77 Kg (Men)

Wednesday 15 August 2018		
10:00	16:00	19:00
Competition Cat. 85 Kg (Men)	Competition Cat. 90 Kg & +90 Kg (Women)	Competition Cat. 94 Kg (Men)

Thursday 16 August 2018	
10:00	19:00
Competition Cat. 105 Kg & +105 Kg (Men)	Closing Ceremony and Banquet

Friday 17 August 2018	
Departure of Delegations	

Note: This tentative program may subject to be changed after the verification of final entries.



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18. GENERAL INFORMATION:

Mahébourg is a small city (population of approx 16,000) on the south-eastern coast of the island of Mauritius. It is considered the main village of the Grand Port District.

It was originally built by the Netherlands during their brief period of colonisation of the island. It was close to their landing port, had ample water supply from many rivers and streams and had a scenic view of the large bay area.

Nowadays, Mahébourg is a bustling centre of local trade. The new waterfront complex promises some memorable walks along the sea-side.

Average Temperature in Mauritius: 18°-23°C

Electricity: 220~240 V.

Power Sockets: Type C & Type G.

Currency: Mauritian Rupee (Rs) (1 USD = approx. Rs.35)

Travel time from Airport and Hotel: 15-20 mins.

Travel time from Hotel to Training & Competition Venue: 10-15 mins.

29. CONTACT DETAILS:

Weightlifting Federation of Africa
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P.O. Box: 3541 or 4168 – Tripoli
E-mail: newwfa@hotmail.com

Mauritius Amateur Weightlifters' &
Powerlifters' Association
Mobile: +230 57529208 / +230 57590277
National Weightlifting Centre - Vacoas
E-mail: mauritius.weightlifting@hotmail.com

Looking forward to receiving you as our Valuable Guests, I remain.

Yours Faithfully,

Eng. Khaled Mehalhel
WFA President

Mr. Poorun Bhollah
MRI WF President