

# WEIGHTLIFTING FEDERATION OF AFRICA (WFA)



## Senior Men's African Records / Until 29 April 2019

Cat.	Events	Records	Name	Nation	Event Date	Event Place
55 kg	Snatch	125 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	144 kg	African Standard		01.11.2018	African Standard
	Total	262 kg	African Standard		01.11.2018	African Standard
61 kg	Snatch	132 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	155 kg	African Standard		01.11.2018	African Standard
	Total	283 kg	African Standard		01.11.2018	African Standard
67 kg	Snatch	140 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	168 kg	Ahmed Saad AHMED	EGY	26.04.2019	Cairo
	Total	302 kg	African Standard		01.11.2018	African Standard
73 kg	Snatch	152 kg	Karem BEN HNIA	TUN	26.04.2019	Cairo
	Clean-jerk	186 kg	Karem BEN HNIA	TUN	04.11.2018	Ashgabat
	Total	338 kg	Karem BEN HNIA	TUN	26.04.2019	Cairo
81 kg	Snatch	173 kg	Mohamed Ihab MAHMOUD	EGY	05.11.2018	Ashgabat
	Clean-jerk	200 kg	Mohamed Ihab MAHMOUD	EGY	05.11.2018	Ashgabat
	Total	373 kg	Mohamed Ihab MAHMOUD	EGY	05.11.2018	Ashgabat
89 kg	Snatch	163 kg	Ahmed Sayed Ashour ALI	EGY	28.04.2019	Cairo
	Clean-jerk	200 kg	Ahmed Sayed Ashour ALI	EGY	28.04.2019	Cairo
	Total	363 kg	Ahmed Sayed Ashour ALI	EGY	28.04.2019	Cairo
96 kg	Snatch	170 kg	Mohamed SELIM	EGY	28.04.2019	Cairo
	Clean-jerk	207 kg	African Standard		01.11.2018	African Standard
	Total	376 kg	African Standard		01.11.2018	African Standard
102 kg	Snatch	173 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	213 kg	African Standard		01.11.2018	African Standard
	Total	387 kg	African Standard		01.11.2018	African Standard
109 kg	Snatch	177 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	219 kg	African Standard		01.11.2018	African Standard
	Total	398 kg	African Standard		01.11.2018	African Standard
+109 kg	Snatch	197 kg	Walid BIDANI	ALG	10.11.2018	Ashgabat
	Clean-jerk	230 kg	Ahmed GABER	EGY	29.04.2019	Cairo
	Total	417 kg	African Standard		01.11.2018	African Standard

