



**African Junior (25th Men & 20th Women) Weightlifting Championships
Qualification for 2020 Tokyo Olympic Games
African Youth (11th Men & 10th Women) Weightlifting Championships**

PRELIMINARY JUNIOR MEN ENTRY FORM

Weightlifting Federation of:

SN	Athlete's name		Date of birth			Bodyweight Category	Entry Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R.1							
R.2							

SN	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						Referee Cat. 1

Name and Signature:.....
President or General Secretary

Date:

Please send this form by email no later than 05th July 2019 to:

Uganda Weightlifting Federation
E-mail: uganda.weightlifting@gmail.com

Weightlifting Federation of Africa
E-mail: newwfa@hotmail.com





**African Junior (25th Men & 20th Women) Weightlifting Championships
Qualification for 2020 Tokyo Olympic Games
African Youth (11th Men & 10th Women) Weightlifting Championships**

PRELIMINARY JUNIOR WOMEN ENTRY FORM

Weightlifting Federation of:

SN	Athlete's name		Date of birth			Bodyweight Category	Entry Total
	Family	Given	Day	Month	Year		
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
R.1							
R.2							

SN	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						Referee Cat. 1

Name and Signature:.....
President or General Secretary

Date:

Please send this form by email no later than 05th July 2019 to:

Uganda Weightlifting Federation
E-mail: uganda.weightlifting@gmail.com

Weightlifting Federation of Africa
E-mail: newwfa@hotmail.com

