

#### African Junior (25th Men & 20th Women) Weightlifting Championships Qualification for 2020 Tokyo Olympic Games African Youth (11th Men & 10th Women) Weightlifting Championships

# PRELIMINARY JUNIOR MEN ENTRY FORM

CN	Athlete's name		Date of birth			Bodyweight	Entry
SN	Family	Given	Day	Month	Year	Category	Total
1	-		17 10	JHR			
2		1 1	1		47.		
3							
4							
5						1	
6							
7							
8						H	
9							
10			11-			A	
R.1	90						
R.2	76		1			27	

Weightlifting Federation of: .....

	Offic <mark>ial's nam</mark> e		Date of birth			- Function
SN	Family	Given	Day	Month	Year	- runction
1				1-16		Team leader
2						Coach
3				5 <i>8</i>	150	Doctor
4		0	21/12			Therapist
5			~~~	XXX	2	Referee Cat. 1

Name and Signature: President or General Secretary

Date: .....

Please send this form by email no later than 05<sup>th</sup> July 2019 to:

Uganda Weightlifting Federation E-mail: <u>uganda.weightlifting@gmail.com</u> Weightlifting Federation of Africa E-mail: newwfa@hotmail.com











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## PRELIMINARY JUNIOR WOMEN ENTRY FORM

Weightlifting Federation of: .....

SN	Athlete's name		Date of birth			Bodyweight	Entry
	Family	Given	Day	Month	Year	Category	Total
1			111				
2		1	H U	JEK	1-		
3		10					
4						0	
5							
6		S Y					
7							
8						0	
9						H	
10		1		1			
R.1			16-	<u>*-                                    </u>		A	
<b>R.2</b>	1						
	24		1				

SN	Offic <mark>ial's nam</mark> e		Date of birth			Function
	Family	Given	Day	Month	Year	
1				25 252		Team leader
2	N			1.5.1.5		Coach <
3						Doctor
4					12	Therapist
5			110			Referee Cat. 1

Name and Signature: President or General Secretary Date:

### Please send this form by email no later than 05th July 2019 to:

Uganda Weightlifting Federation E-mail: uganda.weightlifting@gmail.com Weightlifting Federation of Africa E-mail: newwfa@hotmail.com



