







African Junior (25th Men & 20th Women) Weightlifting Championships Qualification for 2020 Tokyo Olympic Games African Youth (11th Men & 10th Women) Weightlifting Championships

PRELIMINARY YOUTH MEN ENTRY FORM

Weightlifting Fed	deration of:	
-------------------	--------------	--

SN	Athlete's name		Date of birth			Bodyweight	Entry
	Family	Given	Day	Month	Year	Category	Total
1		4		JER			
2		111	1		(1) m.		
3		11			4/		
4							
5						1	
6							
7		3//					
8							
9		7				1.21	
10				V >		A	
R.1							
R.2	75				111111	Ç	

	Offic <mark>ial's nam</mark> e		Date of birth			Function
SN	Family	Given	Day	Month	Year	Function
1				1 - 1		Team leader
2						Coach
3			46			Doctor
4		0	2000			Therapist
5						Referee Cat. 1

Name and Signature:	Date:
President or General Secretary	4 4 7

Please send this form by email no later than 05th July 2019 to:

Uganda Weightlifting Federation

E-mail: uganda.weightlifting@gmail.com

Weightlifting Federation of Africa

E-mail: newwfa@hotmail.com















African Junior (25th Men & 20th Women) Weightlifting Championships Qualification for 2020 Tokyo Olympic Games African Youth (11th Men & 10th Women) Weightlifting Championships

PRELIMINARY YOUTH WOMEN ENTRY FORM

Weightlifting	Federation	of:
---------------	------------	-----

SN	Athlete's name		Date of birth			Bodyweight	Entry
SIN	Family	Given	Day	Month	Year	Category	Total
1			417				
2			KUL		1		
3		10					
4							
5							
6		A Y		i i		4	
7							
8	/ b						
9	-	V /					
10		/ /		1/			
R.1			16	*			
R.2		1					

	Offic <mark>ial</mark> 's name		Date of birth			Function
SN	Family	Given	Day	Month	Year	Function
1				2 5 25 5		Team leader
2	12		1	17.5		Coach
3			d	(Doctor
4			201/	V 18		Therapist
5		0	711			Referee Cat. 1

Name and Signature:	Date:
President or General Secretary	

Please send this form by email no later than 05th July 2019 to:

Uganda Weightlifting Federation

E-mail: uganda.weightlifting@gmail.com

Weightlifting Federation of Africa

E-mail: newwfa@hotmail.com



