



12th All African Games - Morocco
Weightlifting Competition -- Ennahda 1 Hall
25/8/2019 to 30/8/2019



SENIOR[Result]

WOMEN 55 kg

Competition : 26.08.2019 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	104	[A] ADIJAT ADENIKE OLARINOYE	200	NGR	7/14/1999	54.70	90	93	95	93	2	112	116	116	116	1	209	1
2	86	[A] CHIKA JOY AMALAHA	200	NGR	10/28/1997	54.80	90	93	94	93	1	110	115	120	115	2	208	2
3	67	[A] MERYEM NADA BEN MILOUD	140	ALG	26/09/1997	55.00	62	66	67	62	3	82	84	86	86	3	148	3
4	33	[A] SOUMIA DIK	125	MAR	10/19/1988	54.70	60	65	65	60	5	80	83	85	83	4	143	4
5	24	[A] MARYEM SABIHI	105	MAR	5/15/2002	51.70	50	60	61	61	4	71	80	85	80	5	141	5

BREAK RECORDS

AFRICAN RECORDS SENIOR WOMEN 55 kg CLEAN&JERK : Nouha LANDOULSI [TUN] 114 ----> CHIKA JOY AMALAHA [NGR] 115

AFRICAN RECORDS SENIOR WOMEN 55 kg CLEAN&JERK : CHIKA JOY AMALAHA [NGR] 115 ----> ADIJAT ADENIKE OLARINOYE [NGR] 116

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