



African Senior Weightlifting Championships
African Senior 32 Men and 21 women Weightlifting Championships
1 st Cup Of African Senior Men and Women Weightlifting Clubs

Hall 3 Cairo Stadum Egypt 26/10/2022 to 01/11/2022

Clubs [Result]

WOMEN 55 kg

Weigh in: 15:00 Competition: 28.10.2022 17:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH				CLEAN & JERK				TOTAL			
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	52	[A] NAWAL UWASE	70	RWA	1998	54.40	22	22	25	25	1	30	35	40	40	1	65	1

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