



African Senior Weightlifting Championships
 African Senior 32 Men and 21 women Weightlifting Championships
 1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt
 26/10/2022 to 01/11/2022

Clubs [Result]

MEN 81 kg

Competition : 30.10.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	61	[A] Dinesh Pandoo	250	MRI	2001	73.30	110	115	115	110	1	145	150	155	155	1	265	1
2	16	[A] YOUSEF SHAKIR	200	LBA	2004	73.05	80	90	95	90	2	100	110	115	110	2	200	2
3	15	[A] ADAM NASRELDIEN	170	SUD	2002	80.40	80	85	88	85	3	100	105	109	109	3	194	3
	12	[A] CHILUNPA CHISALA	170	ZAM	1990	79.95	65	67	72	67	4	90	90	90	--		--	

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