



African Senior Weightlifting Championships
 African Senior 32 Men and 21 women Weightlifting Championships
 1 st Cup Of African Senior Men and Women Weightlifting Clubs



Hall 3 Cairo Stadium Egypt
 26/10/2022 to 01/11/2022

Nation [Result]

WOMEN 76 kg

Competition : 30.10.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	50	[A] ROUFIDA ABDELTAWWAB	209	EGY	2003	72.95	82	87	90	90	1	105	115	120	120	1	210	1
2	36	[A] JOELITA COLOMA	160	SEY	2003	75.20	75	80	80	80	2	95	95	100	100	2	180	2

_____ sig.
 (_____)