

Weightlifting Federation Of Africa

1st Cup of Africa Senior (MEN & Women) Weightlifting Clubs
Hall 3 Cairo Stadium Egypt
26/10 - 04 /11/2022 Cairo , Egypt



Senior Total Women Ranking Of Clubs

55 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	52	NAWAL UWASE	Gorilla Club / RWA	49.00	1998	25	40	65

59 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	41	RUBY MALVINA	Saint Paul Club / SEY	59.00	1984	75	105	180

71 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	24	Ketty Lent	Curepipe Club / MRI	68.85	2001	85	111	196
2	10	Laryne Jefferies	Morent Crew Club /RSA	69.60	1991	84	104	188

76 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	50	ROUFIDA ABDELTAWWAB	M_Alexandria Club / EGY	72.95	2003	90	120	210
2	36	JOELITA COLOMA	Saint Paul Club / SEY	75.20	1998	80	100	180

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81 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	60	FATMA AHMED	M_Alexandria Club / EGY	79.95	2003	98	124	222
2	20	JEANNE GAELLE EYENGA MBO OSSI	Dalton Club / CMR	81.15	1999	97	123	220

87 Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	37	SAMAR HUSSEN	M_Alexandria Club / EGY	83.6	1995	105	130	235
2	67	PHALONE LEICIA NZIMO	Dalton Club / CMR	83.85	2001	80	105	185
3	35	Marie Alison Sunee	Curepipe Club / MRI	84.05	1999	78	104	182

87+ Kg.

Seq	Lot	Athlete Name	Club / Nation	Pody-W	Year	Sna.	C.Jerk	Total
1	23	HALIMA Abbas	M_Alexandria Club / EGY	144.4	1995	124	145	269
2	30	SALMA FARAG	M_Alexandria Club / EGY	95.65	2002	93	113	206
3	58	ROMENTHA LARUE	Saint Paul Club / SEY	88.05	2003	87	111	198