

Weightlifting Federation Of Africa

1st Cup of Africa Senior (MEN & Women) Weightlifting Clubs

Hall 3 Cairo Stadium Egypt

26/10 - 04 /11/2022 Cairo , Egypt



SENIOR WOMEN POINTS - SINCLAIR

Rank	Cat.	Lot.	Gr.	Athlete Name	Nation Club	Body.W	Year	Best Total	Points
1	87+	23	A	HALIMA Abbas	M_Alexandria Club / EGY	144.40	1995	269	269.353
2	87	37	A	SAMAR HUSSEN	M_Alexandria Club / EGY	83.60	1995	235	266.573
3	81	60	A	FATMA AHMED	M_Alexandria Club / EGY	79.95	2003	222	256.700
4	76	50	A	ROUFIDA ABDELTAWWAB	M_Alexandria Club / EGY	72.95	2003	210	253.644
5	81	20	A	JEANNE GAELE EYENGA MBO OSSI	Dalton Club / CMR	81.15	1999	220	252.727
6	59	41	A	RUBY MALVINA	Saint Paul Club / SEY	59.00	1984	180	245.846
7	71	24	A	Ketty Lent	Curepipe Club / MRI	68.85	2001	196	244.057
8	71	10	A	Laryne Jefferies	Morent Crew Club /RSA	69.60	1991	188	232.723
9	87+	30	A	SALMA FARAG	M_Alexandria Club / EGY	95.65	2002	206	222.367
10	87+	58	A	ROMENTHA LARUE	Saint Paul Club / SEY	88.05	2003	198	220.029
11	76	36	A	JOELITA COLOMA	Saint Paul Club / SEY	75.20	1998	180	214.154
12	87	67	A	PHALONE LEICIA NZIMO	Dalton Club / CMR	83.85	2001	185	209.596
13	87	35	A	Marie Alison Sunee	Curepipe Club / MRI	84.05	1999	182	205.995
14	55	52	A	NAWAL UWASE	Gorilla Club / RWA	49.00	1998	65	101.377