

Weightlifting Federation Of Africa
2nd Cup Of African Senior (Men & Women) Weightlifting Cubs
26 / 10 / 2023 - Cairo , Egypt

START LIST

MEN 49kg A ,55kg A

Competition : 27.10.2023 10:00 Weign in: 8:00

No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
1		Shetawy ABDELMOAMNEN	2007	ALG / Ben Srour	49	160
2		Tewarry MOHAMED ISLAM	2008	ALG / Ben Srour	55	180
3		Brini AMAN ALLAH	2007	TUN / ETTADHAMEN SPORTS	55	187

MEN 61kg A

Competition : 27.10.2023 16:00 Weign in: 14:00

No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
6		Khowaydam BASHER	2003	ALG / MCA	61	200
7		Alex Stephan DONFACK NGABAN	2005	CMR / DALTON	61	190
8		Elsayed ALI ELSAYED ATTIA	2006	EGY / Military Sports Device	61	250
9		Wahid Abdelrahman	2003	EGY / Military Sports Device	61	255
10		Kamal ABDELNASER SHLABI	2006	LBA / Wassayat Ibdiri Sports	61	180

MEN 67kg A

Competition : 28.10.2023 13:00 Weign in: 11:00

No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
13		Ouhsene KHALED SOHEL	2006	ALG / Ben Srour	67	220
14		Shakhshokh AKRAM	2004	ALG / Hodna M'sila	67	280
15		Mohamed ABOUBAKR SHAABAN	2004	EGY / Military Sports Device	67	290
16		KARA MOHAMED	2006	LBA / SWEHLY	67	150
17		Mohamed ALI SHLABI	2005	LBA / Wassayat Ibdiri Sports	67	240
18		Hadi MOHAMED	1998	UAE / ABU DHABI WEIGHTLIFTING	67	230
19		MOHAMED HADI	1998	UAE / ABU DHABI WEIGHTLIFTING	67	210

MEN 73kg A

Competition : 28.10.2023 19:00 Weign in: 17:00

No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
22		OUHSINE ABDELHAMID	2006	ALG / Ben Srour	73	280
23		Mktasy MOHAMED	2003	ALG / MCA	73	290
24		Emma Shearer TSATA KUEGOU	2003	CMR / DALTON	73	230
25		Washington OJWANG	2004	KEN / THIKA WEIGHTLIFTING	73	200

MEN 76kg A

Competition : 27.10.2023 10:00 Weign in: 8:00

No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
28		Mokhethi MAKHANYA	2005	LES / LEPERENG OLYMPAFRI	76	130

Weightlifting Federation Of Africa
2nd Cup Of African Senior (Men & Women) Weightlifting Cubs
26 / 10 / 2023 - Cairo , Egypt

START LIST

MEN 81kg A

Competition :		29.10.2023	13:00	Weign in:		11:00
No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
31		Jeremie Junior NGOUANOM NZALE	2004	CMR / DALTON	81	290
32		MUETAZ SHANINA	2007	LBA / SWEHLY	81	180
33		Ryan Hans PARIANEN	2005	MRI / NFT	81	180

MEN 89kg

Competition :		29.10.2023	16:00	Weign in:		14:00
No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
36		LAIFA RADA	2006	ALG / Hodna M'sila	89	220
37		Aymen BEN SALEM	2003	ALG / MCA	89	280
38		Roger Brest SOKOUDJOU SINETANG	2005	CMR / DALTON	89	275
39		Mazen SHERIF ABDELKADER	2004	EGY / Military Sports Device	89	325
40		Zakrya SHALABI	2005	LBA / Wassayat Ibdiri Sports	89	250
41		Vince Yannick PAMA	2006	MRI / NFT	89	180
42		Albaloshy ESSA	2001	UAE / ABU DHABI WEIGHTLIFTING	89	250

MEN 96kg

Competition :		30.10.2023	13:00	Weign in:		11:00
No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
45		Tawfik FARKALA	2004	ALG / Hodna M'sila	96	220
46		Sahdy FAREED	2001	ALG / MCA	96	310
47		ABDOUL KAZIDI	2006	CMR / DALTON	96	270
48		Said HELAL ABDELFAH	2004	EGY / Military Sports Device	96	340
49		Mohamed Iskem MASIMIR	2006	LBA / SWEHLY	96	180
50		NAWAF AHNEESH	2002	LBA / Wassayat Ibdiri Sports	96	270
51		Nigel Terence AUGUSTINE	2003	MRI / NFT	96	250

MEN 102kg A

Competition :		30.10.2023	16:00	Weign in:		14:00
No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
54		Ben Tamer SASID AHMES	2006	ALG / Ben Srour	102	240
55		Ben Freha GALAL	2000	ALG / MCA	102	290
56		Hisham ALBAOUR	2006	LBA / Wassayat Ibdiri Sports	102	200
57		Fathi MOHAMED	1993	UAE / ABU DHABI WEIGHTLIFTING	102	260
58		MOHAMED FATHI	1993	UAE / ABU DHABI WEIGHTLIFTING	102	260

MEN/ +102, 109, + 109 kg A

Competition :		31.10.2023	10:00	Weign in:		8:00
No	lot	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
61		MUSTAFA BENSASI	2005	LBA / SWEHLY	109	210
62		Abdo Elghafir EZZELDIN	2000	UAE / ABU DHABI WEIGHTLIFTING	109	250
63		Dan TUMUKUNDE	2007	UGA / KISUGU UNIFIED	109	210
64		Nasruldeen ALMALKI	2004	LBA / SWEHLY	+109	220
65		Alnajjr Mohyad MOHAMED	2000	UAE / ABU DHABI WEIGHTLIFTING	+109	300