

Weightlifting Federation Of Africa
2nd Cup Of African Senior (Men & Women) Weightlifting Cubs
26 / 10 / 2023 - Cairo , Egypt

START LIST

WOMEN 45kg A, 49kg

Competition : 26.10.2023 18:00 Weign in: 16:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
1	W	Nadia KATBi	2002	ALG / MCA	45	120
2	w	Ramadan Basma	2009	EGY / Egyptian National Project	45	130
3	W	Enass DRESS	2008	ALG / Abtal Maghnia	49	130

WOMEN 55kg A

Competition : 27.10.2023 19:00 Weign in: 17:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
6	W	Fatima Ezahra ARIHIR	2008	ALG / USCB	55	120
7	W	Israa BEJAOU	2006	TUN / ETTADHAMEN SPORTS	55	160
8	W	Nour El Houda SABRI	2003	ALG / MCA	55	145
9	W	Noura ASSAM HELMY	2005	EGY / Egyptian National Project	55	175

WOMEN 59kg A,64kg A

Competition : 27.10.2023 19:00 Weign in: 17:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
12	W	Ahlem RASSANI	2005	ALG / USCB	59	140
13	W	IKRAM RACHEDI	1997	ALG / USCB	59	150
14	W	Madeleine Jacqueline NDOLO MATAM	2008	CMR / DALTON	59	135
15	W	Shabra MUTESI	2005	UGA / KISUGU UNIFIED	59	130
16	W	Yuktee GOPAUL	2006	MRI / NFT	59	100
17	W	Hanin AHMED MOHAMED	2006	EGY / Egyptian National Project	64	190
18	W	IKRAM CHIRARA	1997	ALG / MCA	64	180
19	W	JULIA KATO	1999	UAE / ABU DHABI WEIGHTLIFTING	64	170
20	W	Kato JULIA	1996	UAE / ABU DHABI WEIGHTLIFTING	64	178
21	W	PAULA GARCIA	1989	UAE / ABU DHABI WEIGHTLIFTING	64	160

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WOMEN 71kg A

Competition : 28.10.2023 10:00 Weigh in: 8:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
24	w	Douaa Nawal BOUABDALLAH	2007	ALG / ABTAL MAGHNA	71	145
25	W	Garcia PAULA	1989	UAE / ABU DHABI WEIGHTLIFTING	71	110
26	W	HODA SHOKRI	1994	UAE / ABU DHABI WEIGHTLIFTING	71	160
27	W	Malak HASSAN MOHAMED	2005	EGY / Egyptian National Project	71	220
28	W	MONSERRAT VELAZQUEZ	2000	UAE / ABU DHABI WEIGHTLIFTING	71	150
29	W	Shokri HODA	1994	UAE / ABU DHABI WEIGHTLIFTING	71	172
30	W	Valazquez MONSERRAT	2000	UAE / ABU DHABI WEIGHTLIFTING	71	179

WOMEN 76kg A, 81kg A

Competition : 29.10.2023 10:00 Weigh in: 8:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
33	W	ANGELA HILL	1997	UAE / ABU DHABI WEIGHTLIFTING	76	170
34	W	Hill ANGELA	1997	UAE / ABU DHABI WEIGHTLIFTING	76	170
35	W	Nihad BELOUNIS	2003	ALG / MCA	76	180
36	W	Rahma AHMED ABDELRAZEK	2006	EGY / Egyptian National Project	81	220

WOMEN '+81kg A,87kg A,'+87

Competition : 30.10.2023 10:00 Weigh in: 8:00

No	SEX	FIRST NAME	BORN	NAT. / CLUB	CAT.	ENTRY
39	W	Amina YAHIA MAMOUN	2006	ALG / Abtal Maghnia	+81	190