



TECHNICAL HANDBOOK

13TH AFRICAN GAMES, ACCRA 2023





13TH AFRICAN GAMES ACCRA, 2023

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The 13th African Games, Accra 2023



Under the leadership of His Excellency President Nana Addo Dankwa Akufo-Addo, Ghana has been granted the privilege of hosting the biggest multi-sports competition on the continent, as one of the founding members of the African Games, Ghana regards this as a significant honor, as it marks the first time the nation will host such a major sporting event.

The Games will take place in Accra, the capital city of Ghana. The 13th edition of the African Games will feature ten to fifteen days of exciting contests of skill and strength, with 5000 elite athletes and coaches from fifty-five African nations competing in thirty carefully selected sporting disciplines. Additionally, the event will welcome over 3000 technical officers, journalists, and global celebrities, with a TV and online audience of over 2.2 billion. The 13th African Games will also serve as an official qualifier for some sports codes for the XXXIII Olympic Games in Paris 2024.

We are fully prepared to offer a memorable experience to all contingents and dignitaries in attendance. As one of the founding nations of the Games. Our aim is to host an event that promotes positive competition among the youth of Africa and showcases a united Africa to the world. The 2023 African Games will also seek to promote African art and culture, which can lead to socio-economic development across the continent.

Welcome to Ghana for a once-in-a-lifetime experience. Let us celebrate our excellence the African way and share our passion at the centre of the earth because **IT'S OUR TIME.**

Acronyms And Definitions

AC -	AFRICAN CONFEDERATION
AU -	AFRICAN UNION
AUC -	AFRICAN UNION COMMISSION
AUSC-	AFRICAN UNION SPORT COUNCIL
CC -	CLOSING CEREMONY
IF -	INTERNATIONAL FEDERATION
NOC -	NATIONAL OLYMPIC COMMITTEE
LOC -	LOCAL ORGANISING COMMITTEE
OC -	OPENING CEREMONY
TCAG-	TECHNICAL COMMITTEE FOR THE AFRICAN GAMES
UG -	UNIVERSITY OF GHANA
WADA-	WORLD ANTI-DOPING AGENCY
ANOCA -	ASSOCIATION OF NATIONAL OLYMPIC COMMITTEE OF AFRICA
AASC -	ASSOCIATION OF AFRICAN SPORTS CONFEDERATION

Acronyms And Definitions

Opening Ceremony means the ceremony preceding the Opening of the 13th African Games Accra 2023

Closing Ceremony means the ceremony following the last ceremony of the 13th African Games Accra 2023

Draw means the draw ceremony at which the Teams participating in the Final Games are drawn to form the groups for the group stage of the Games of Team Events

Emblem means, individually or collectively as the case may be,
(i) the Official Logo of the African Games Accra 2023.
(ii) Mascot of the African Games Accra 2023.

Force Majeure means, including, but not limited to, the following events: strike, labor dispute, war or act of war, fire, riot, earthquake, terrorist attack and other public order disturbances, as well as all other unforeseeable, irresistible and external events.

Games Village: an area of accommodation for competitors taking part in a sports event.

Chef de Mission : the person in charge of a national team at an international sports event.

Host City: the city awarded the right to host and organise the African Games Accra 2023

Host Country: the territory of the country of the Local Organizing Committee

Media Rights Holder:(i) the Host Broadcaster and
(ii) any other Broadcaster.



Acronyms And Definitions

Media Representative: a member of the written press or a photographer to whom CAF and/or the Organizing Association grants the right to benefit from a press or photographer accreditation for any Site.

Member State: means any nation affiliated to the African Union.

NOC: refers to National Olympic Committee

Official Training Site means any site selected to host training sessions in connection with the African Games for each Team in the Host country.

Rules of the Competition means the existing standard rules and regulations established by respective International Federation governing the format, conduct and organization of the event said site. .

Stadium Media Centre means the facilities intended for Media Representatives and Broadcasters. These facilities are to be established by the LOC in each Stadium, in accordance with the provisions, notably, of the Clauses of the present Specifications. the latter under its responsibility.

Team means any team representing a Participating Member Association that is qualified to participate in the Final Tournament, including all members deemed as such and identified as a “Team” under the Rules of the Competition and the Media and Marketing Rights Regulations.

Team Hotel means any official hotel of the Host Country in which a Team is accommodated.

Trademark: designates, individually or collectively as the case may be, all the names, logos, graphics, music or sounds and all other distinctive signs, present or future, likely to evoke the Competition, the Final Tournament or any Official Event, including but not limited to the Official Name of the Final Tournament, the Official Logo of the Final Tournament and any Official Mascot, in accordance with the Media and Marketing Rights Regulations.

































Introduction

The Technical Manual for the 13th African Games will serve as the guide for all technical issues relating to athletes and officials' engagement. It encompasses the sports codes for the 13th African Games and the Games Calendar. The Manual also explained the technical regulations and entries of the African Games, Accra 2023. Competition and Training Venues were also listed. Medical and Anti-Doping related issues is also captured. The Manual addresses other significant technical matters.

Sports Codes for The 13th African Games

OLYMPIC QUALIFIER		NON-OLYMPIC QUALIFIER				DEMONSTRATION SPORTS	
	ATHLETICS		ARM WRESTLING		HOCKEY		E-SPORTS
	BADMINTON		BASKETBALL (3X3)		JUDO		MIXED MARTIAL ARTS
	CYCLING		BEACH VOLLEY		KARATE-DO		PICKLEBALL
	TABLE TENNIS		BOXING		RUGBY		SAMBO
	TENNIS		CHESS		SWIMMING		SPEEDBALL
	TRIATHLON		CRICKET		TAEKWONDO		
	WRESTLING		FOOTBALL		VOLLEYBALL		
			HANDBALL		WEIGHTLIFTING		

Sports Calender For The 13th African Games

■ Opening Ceremony
 ■ Event Competition
 ■ Pre-Competition
 ■ Gold Event
 ■ Closing Ceremony

MARCH 2024	3RD SUN	4TH MON	5TH TUES	6TH WED	7TH THURS	8TH FRI	9TH SAT	10TH SUN	11TH MON	12TH TUES	13TH WED	14TH THURS	15TH FRI	16TH SAT	17TH SUN	18TH MON	19TH TUES	20TH WED	21ST THURS	22ND FRI	23RD SAT	EVENTS	
CEREMONIES						OC																CC	
ATHLETICS																4	12	8	8	14			46
ARM WRESTLING												1	1	18	18								36
BEACH VOLLEYBALL								1	1	1	1	1	1										2
BASKETBALL																	1	1	1	1	2	2	4
BADMINTON	1	1	1	1	1	1	1	5															6
BOXING																1	1	1	1			1	1
CHESS						1	1	1	1														1
CRICKET				1	1	1		1	1		1				1	1	1	1	1			1	2
CYCLING						1	1	1		2		2	2	1									9
FOOTBALL						1	1	1		1	1	1	1					1	1	1	1	1	2
HOCKEY								1	1	1	1	1	1		1	1						2	
HANDBALL												1	1	1	1	1	1	1	1	1	1	2	
JUDO										1	1	1	1										2
KARATE DO					1	1	16																16
RUGBY																							2
SWIMMING							7	9	10	8	8												42
TABLE TENNIS	1	1	1	1	1	1	1	1															
TAEKWONDO																	4	6	6	4	6		26
TENNIS														1	1	1	1	1	1	1	2	4	6
TRIATHLON												1	2										2

Sports Calender For The 13th African Games

■ Opening Ceremony
 ■ Event Competition
 ■ Pre-Competition
 ■ Gold Event
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MARCH 2024	3RD SUN	4TH MON	5TH TUES	6TH WED	7TH THURS	8TH FRI	9TH SAT	10TH SUN	11TH MON	12TH TUES	13TH WED	14TH THURS	15TH FRI	16TH SAT	17TH SUN	18TH MON	19TH TUES	20TH WED	21ST THURS	22ND FRI	23RD SAT	EVENTS		
VOLLEYBALL																						1	1	2
WEIGHT-LIFITNG							6	3	3	3	3	3	5											20
WRESTLING							6	6	6															18
E-SPORTS																								
MIX MARTIAL ART										3														3
PICKLEBALL												4												4
SAMBO																								
SPEEDBALL																								

Competition and Training Venues

S/N	SPORT	COMPETITION VENUE	LOCATION	TRAINING/WARM-UP FACILITIES	LOCATION
1.	Armrestling	GNAT HALL	Accra Metropolis	Gym Legon	UG-Legon
2.	Athletics	Legon Stadium and Warm-up Track	UG-Legon	Legon Stadium and Warm-up Track Borteyman 6-lane track	UG-Legon Borteyman
3	Badminton	Multi-purpose Hall	Borteyman	New N'Block	UG-Legon
4.	Basketball	UG Netball Court	UG-Legon	Legon Basketball Court	UG-Legon
5.	Beach Volleyball	Laboma Beach Volleyball Court	La	Beach Volleyball Court	UG-Legon
6.	Boxing	Bukom Boxing Arena	Trust Sports Emporium	Bukom Boxing Gymn	Trust Sports Emporium
7.	Chess	Alisa Hotel	Accra	Alisa Hotel	Accra
8.	Cricket	Achimota Cricket Oval	Achimota	Achimota Cricket Oval	Achimota
9..	Cycling	Ablekuma-Pokuase Highway	Accra Metropolis	Ablekuma-Pokuase Highway	Accra Metropolis
10.	Field Hockey	Theodosia Okoh Hockey Stadium	Accra Metropolis	Theodosia Okoh Hockey Stadium	Accra
11.	Football	Legon Stadium/Accra Sports stadium/Cape-Coast Sports Stadium / Elmina Sports Stadium	Accra & Cape-Coast	Presec Field/Achimota Field/Legon Main Field	Various Locations
12.	Handball	Dome	Borteyman	Dome	Borteyman
13.	Judo	Ga-Mashie Hall	Bukom	New N'Block	UG-Legon
14.	Karate-Do	Ga-Mashie Hall	Bukom	New N'Block	UG-Legon
15.	Rugby	Rugby Stadium	UG-Legon	Rugby Stadium	UG-Legon

Competition and Training Venues

S/N	SPORT	COMPETITION VENUE	LOCATION	TRAINING/WARM-UP FACILITIES	LOCATION
16.	Swimming	Aquatic centre	Borteyman	Aquatic centre	Borteyman
17.	Table Tennis	Dome	Borteyman	GCB Hall	Legon
18.	Taekwondo	Ga-Mashie Hall	Bukom	Central Cafeteria	Legon
19.	Tennis	Tennis Complex	Borteyman	Accra Tennis Courts Legon Tennis Courts	Accra/Legon
20.	Triathlon	Borteyman Sports Complex	Borteyman	Labadi Beach	La
21.	Indoor Volleyball	Multipurpose Hall	Borteyman	Multipurpose Hall	Borteyman
22.	Weightlifting	GCB Hall	Legon	Central Cafeteria	UG-Legon
23.	Wrestling	Hana Hathramani Hall	Accra Sports Stadium	N Block	UG-Legon
24.	E-Sports	TBD		TBD	
25.	Mixed Martial Art	Bukom Boxing Arena	Trust Sports Emporium	Bukom Boxing Gymn	Trust Sports Emporium
26.	Pickleball	Legon Netball Court	UG-Legon	Legon Handball Court	UG-Legon
27	Sambo	Hathramani Hall	Accra Sports Stadium	Hana Hathramani Hall	Accra Sports Stadium
28	Speedball	GCB Hall	UG-Legon	GCB Hall	UG-Legon

University of Ghana

The oldest and biggest of Ghana's thirteen national public universities is the University of Ghana. It was established in 1948 as the University College of the Gold Coast in the British colony of the same name. At the time, it was an affiliate college of the University of London, which oversaw its academic programs and conferred degrees. The college was renamed the University College of Ghana after Ghana gained independence in 1957. In 1961, when it was granted full university status, it changed its name once more to the University of Ghana. The University of Ghana, which has several schools, institutions, colleges, and departments with more than 40,000 registered students, is located on the western slope of the Accra Legon Hills, northeast of the city centre. The 13th African Games athletes and coaches will reside at the University of Ghana, Legon, which will also host several sporting events and provide training facilities for the competition.



Picture credit: Albert Chime



Picture credit: wikipedia

University of Ghana Sports Stadium

The University of Ghana Stadium is a 3 minutes' drive away from the Games Village.



Mapping Site of the UG Sports Stadium



10,000-Seater University of Ghana Sports Stadium

University of Ghana Halls.

Lecture halls in the University of Ghana would be converted into a training facility for some indoor sports events.



GCB Hall



Borteyman Sports Complex

The Olympic Sports Complex at Borteyman will host most of the sporting events for the 13th African Games. The Borteyman facilities include a 1,000-seater capacity swimming pool that is a 10-lane competition swimming pool, an 8-lane warm-up swimming pool, and a 1,000-seater multi-purpose Sports Hall for basketball, badminton, Netball, table tennis, and weightlifting.

Others are, a 500-seater temporary dome for handball, volleyball, judo, karate, and taekwondo, fencing, arm-wrestling and a five-tennis court complex, including a 1,000-seater Centre Court.



a 1,000-seater multi-purpose Sports Hall



1,000-seater capacity swimming pool that is a 10-lane competition swimming pool, an 8-lane warm-up swimming pool



a 1,000-seater Centre Court.



a 500-seater temporary dome

Accra Sports Stadium

The Accra Sports Stadium, formerly named the Ohene Djan Stadium, is a multi-use stadium (40,000-capacity, all-seater) located in Accra, Ghana, mostly used for association football matches. The Accra Sports Stadium also have 3 tennis courts, a sports hall and other administrative facilities.



Mapping Area of Accra Sports Stadium



40,000 capacity football stadium



Outside View of the Accra Sports Stadium



Accra Tennis Court

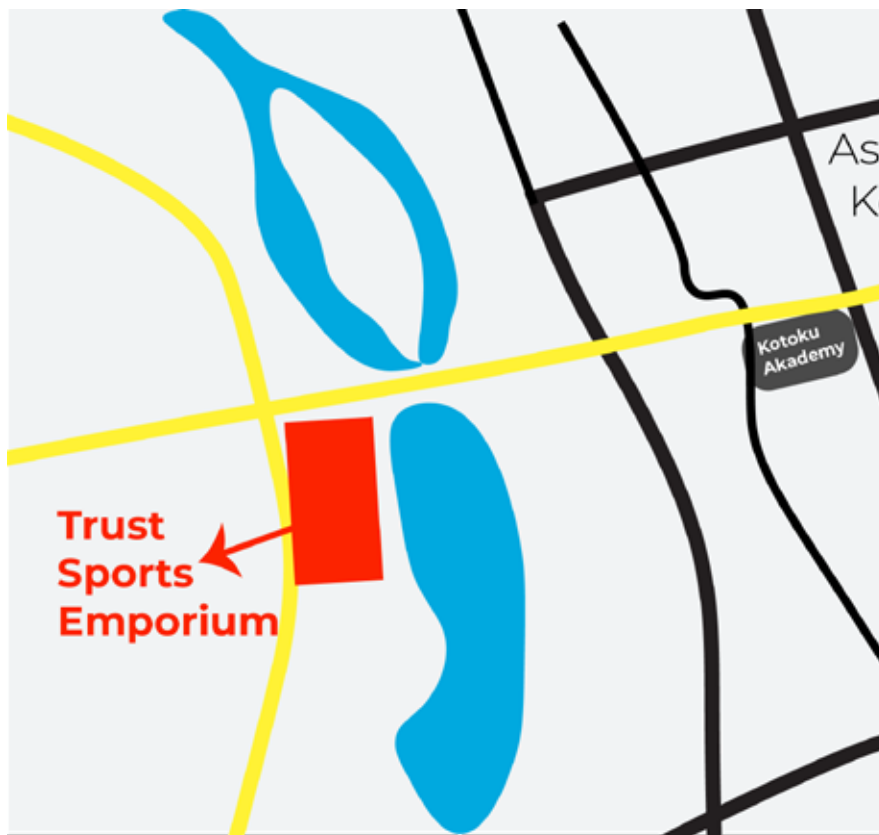


Hana Hathramani Sports Hall

Trust Sports Emporium

The Trust Sports Emporium (TSE) is a multi-purpose sports venue in Accra, Ghana, with facilities for sports, social and entertainment events.

TSE houses six facilities. These are the Ga Mashie Hall, the Mudor Conference Centre, the Bukom International Pool, the Bukom Fitness & Physio, the Bukom Boxing Arena and the Ring Restaurant & Sports Bar.



Mapping Site Area of Trust Emporium



Bukom International Swimming pool



Bukom Boxing Arena



Ga-Mashie Hall



Theodosia Okoh Stadium

The Theodosia Okoh Hockey Stadium is a field hockey stadium in Accra, Ghana. The stadium hosted the 2009 Hockey African Cup for Nations. The stadium was named after Theodosia Okoh, a former Ghana Hockey Association Chairman.

The Ghana men's and women's national hockey teams use the stadium for trainings and matches, in preparation for international tournaments. The stadium is also home to the men's and women's Ghanaian Hockey League, as well as the master's and youth leagues.

The Theodosia Okoh Hockey Stadium is 16km away from the Games village, approximately 41 minutes' drive.



Mapping Area and image of the Theodosia Okoh Hockey Stadium

Achimota Cricket Oval

The Achimota cricket Oval is one of the Oldest Cricket fields in Ghana. It is 9km away from the Village and approximately 21 minutes' drive away. The Achimota Cricket Oval will serve as host for both Cricket competition and Training.



Mapping Area and image of the Achimota Cricket Oval

VENUES	DISTANCE FROM GAMES VILLAGE	DRIVING TIME FROM GAMES VILLAGE
University of Ghana Sports Stadium	950 meters	4 minutes
University of Ghana Rugby Field	1.6 Kilometres	6 minutes
N-Block, UG	2.7 kilometres	8 minutes
New N-Block UG	2.9 kilometres	9 minutes
GCB Hall, UG	2.8 Kilometres	8 minutes
Cedi Conference Centre, UG	2.4 kilometres	7 minutes
Borteyman Olympic Sports Complex	16 kilometres	41 minutes
Accra Sports Stadium, Accra	13 kilometres	39 minutes
Trust Sports Emporium, Bukom	17 kilometres	51 minutes
Theodosia Okoh Hockey Stadium, Accra	13 kilometres	41 minutes
Achimota Cricket Oval	5.1 kilometres	13 minutes

Designated Areas At The Competition Venues

Warm-up area

Close to the competition area, athletes will have at their disposal a warm-up area during qualification rounds and finals.

Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

Athletes' lounge

Athletes will have at their disposal a lounge with water, energizing drinks and fruits.

Tribune and Press room

Accredited media will have a press tribune at their disposal. And a press room, shared with all the venues within the African Games Competition Venues.

Sports Equipment

All sport equipment used by athletes and team officials during the 13th African Games competitions and trainings will comply with rules and Regulations of the International Federations/African Confederation.

Training Sessions

The training arrangements for athletes during the Accra 2023 African Games will vary depending on their respective sports:

Competition Venues: Athletes may undergo training at some of the competition venues. This can include practicing on the actual field of play, utilizing designated warm-up areas, or utilizing specific training areas that are part of the competition venue.

Dedicated Training Venues: Dedicated training venues are available for athletes. These venues are conveniently located within a 30-minute proximity to the Games Village.

The athlete training period for the Accra 2023 African Games will follow these guidelines:

- The training period is scheduled to commence seven (7) days prior to the first day of competition for each discipline.
- At the earliest, the training period will commence on the 27th of February 2024, coinciding with the opening of the Games Village.
- At the latest, the training period will begin on the 3rd of March 2024, which corresponds to the first day of the competition for the 13th African Games.
- It is important to note that for certain disciplines, the training period may differ based on the recommendations of the confederations. These variations will be taken into account to ensure that athletes have the appropriate time and facilities to prepare adequately for their respective competitions during the Accra 2023 African Games.

Services Available At Training Venues

Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

Athletes' lounge

At the training venue, Athletes will have at their disposal a lounge with water, energizing drinks and fruits.

Media during training sessions

Training sessions will be opened to the media but not to the public. The competition manager will be authorized to change this rule when and if he deems it necessary.



Technical Regulations

8.1 Entries

Sport Entries play a pivotal role in facilitating a seamless and efficient registration process for Member States' delegations participating in the Accra 2023 African Games. This step involves the entry and registration of eligible and qualified athletes and teams into specific disciplines and events, thereby ensuring their inclusion in the 13th African Games.

Submission Of Engagements

ACTIVITY	SCHEDULE
Submission of Engagements in principle and by Sport	30TH SEPTEMBER 2022 - 15TH FEBRUARY 2024
Sending of Engagement Forms by Number	15TH DECEMBER 2023
Submission of Engagement Forms by Number	15TH FEBRUARY 2024
Submission of Initial Engagements by Name (Long List)	15TH FEBRUARY 2024
Submission of Final Engagements by Name (Short List)	25TH FEBRUARY, 2024

Online Entries

The final phase of the Sport Entries process is executed through the utilization of an online platform known as the Sport Entries system. This digital tool is designed to enable all Member States to effectively manage, review, and submit the entries of their individual athletes and teams. It streamlines the process, making it more convenient and accessible for Member States to register their participants for the Accra 2023 African Games.

Importantly, the submission of sport entries by Member States for the 13th African Games will exclusively take place through the Sport Entries system, which is accessible via the Games Management System. This centralized system ensures a cohesive and organized approach to athlete and team registration, enhancing the overall efficiency of the Games' preparation and management.

Member States will have access to the Sport Entries system starting from February 1, 2024, and this access will remain available until February 25, 2024. During this period, Member States can use the Sport Entries system to officially register their eligible and qualified athletes and teams for the specific events they are participating in. Notably, only athletes who have been previously registered by Member States in the Accreditation functionality of the Accra 2023 Games Management System (long list) will be available for entry/inscription into the Sport Entries system.

Final Entries Submission and Deadline

The Final Entries Submission phase is a critical step in the process of registering athletes and teams for the Accra 2023 African Games. Once each Member State has entered all their athletes and teams into the system and ensured that all data fields in each sport entry form are accurately completed, they are required to proceed with Final Entries Submission. It is the responsibility of each Member State to thoroughly review their entries and work closely with their assigned Sport Entries System representative to ensure that all data is accurate and complete before submission. This collaborative effort is essential to prevent any errors or omissions in the entries.

Upon successful completion of the Final Entries Submission, access to the Sport Entries system will transition into a read-only mode for the Member State. During this read-only period, Member States will retain the ability to view their entries and generate reports but will no longer have the capacity to make edits or modifications. It's important to note that all entries must be finalized and submitted by the deadline of 23:59 (GMT) on the 25th of February 2024. Beyond this point, the system will become inaccessible for editing, and it will remain in read-only mode for all Member States, regardless of their Final Entries Submission status. This strict deadline is enforced to allow the Accra 2023 Sport Entries team adequate time to validate all data in collaboration with the confederations before the commencement of the Final Delegation Registration Meetings (F-DRMs). It ensures a well-prepared and organized process for the Games' participation and registration,



Late Athlete Replacement

After the Sport Entries deadline, any Late Athlete Replacement (LAR) requests must be submitted exclusively through the provided e-LAR tool. This electronic platform enables the electronic submission of LAR applications and is integrated as a sub-functionality of the Sport Entries system. Importantly, it is accessible to all Member States, using the same credentials that were provided following the Sport Entries deadline.

Delegation Registration Meetings (DRM)

The DRM will be held between the Chef de Mission (or an official designated in writing by the Chef de Mission), representatives of the Organising Committee and the African Sports Confederation. The Chef de Mission, or the designated official, should arrive in Accra on Monday 26th February 2024. DRMs will be held on Tuesday 27th February, 2024 and Wednesday 28th February 2024.

Pre-Delegation Registration Meeting

The primary aim of the Pre-Delegation Registration Meeting (Pre-DRM) is to facilitate a streamlined Final Delegation Registration Meeting (F-DRM) for both Member States and the Local Organizing Committee (LOC). This is achieved by proactively tackling various issues in advance, thereby minimizing the administrative burden upon arrival at the Games Village. Specifically, the Pre-DRMs play a pivotal role in ensuring that accreditation cards are accurately printed with the requisite information prior to distribution to the Member States.

The coordination of the Pre-Delegation Registration Meetings (Pre-DRMs) will be the responsibility of the Local Organizing Committee (LOC) and will involve the active participation of representatives from each Member State. During these Pre-DRMs, the LOC will undertake the following tasks:

- Verify the accuracy of accreditation data submitted by each Member State.
- Confirm the qualification status of athletes.
- Validate the category, function, and access privileges of all registered participants.
- Confirm the designated address for the delivery of accreditation cards.
- Ensure the appointment of the three delegates who will attend the Final Delegation Registration Meetings (F-DRMs).
- Address various other pertinent details and concerns related to Games preparation.

It's important to note that the LOC may choose to conduct these Pre-DRMs either in person in Accra or through a virtual meeting format on the 15th of January 2024. Please be aware that Member States bear the responsibility for their own travel and accommodation expenses should they opt to attend the Pre-DRMs in Accra.

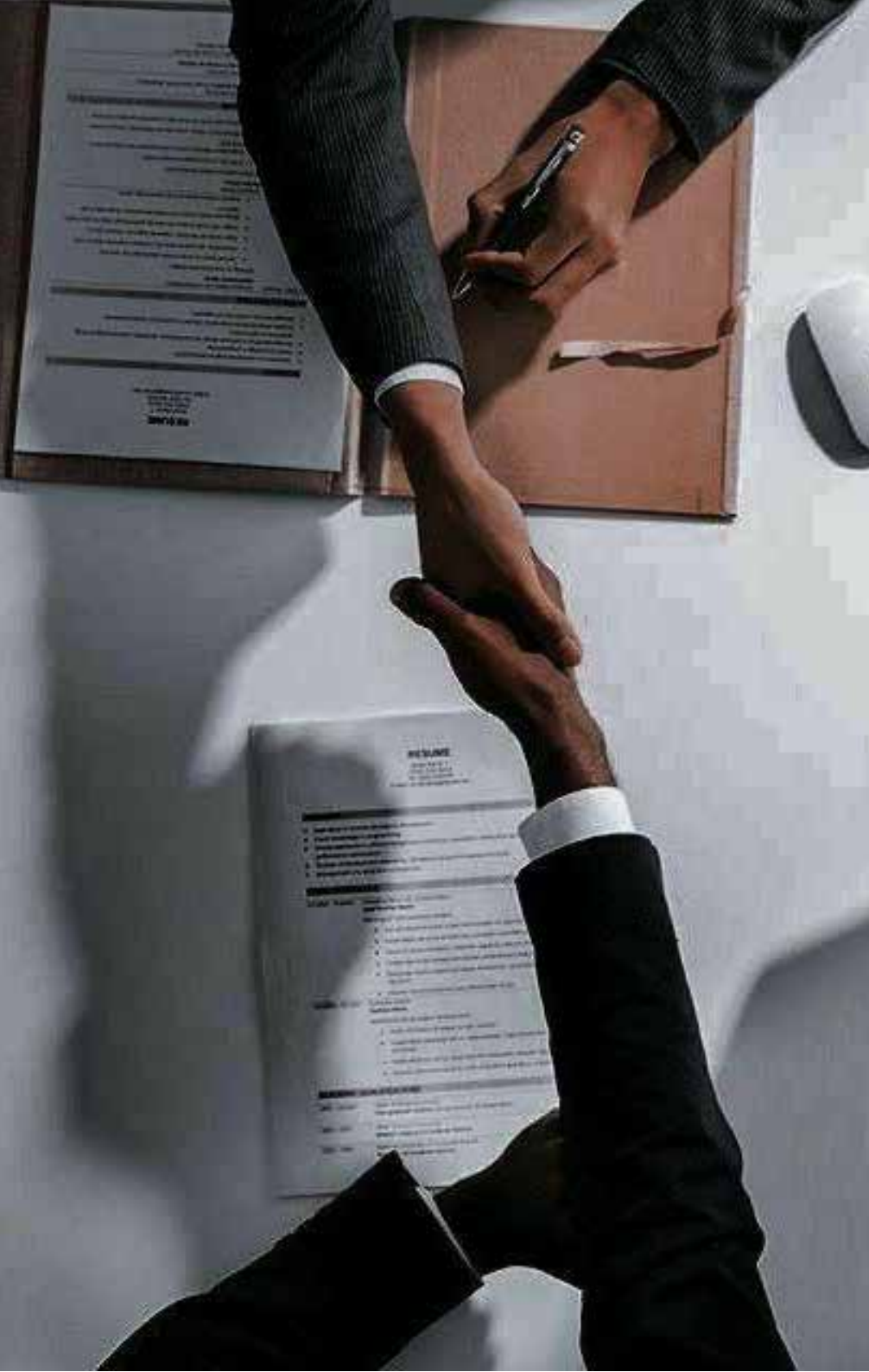
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- Address various other pertinent details and concerns related to Games preparation.

It's important to note that the LOC may choose to conduct these Pre-DRMs either in person in Accra or through a virtual meeting format on the 15th of January 2024. Please be aware that Member States bear the responsibility for their own travel and accommodation expenses should they opt to attend the Pre-DRMs in Accra.



Digital Delegation Registration Meeting

For the 13th African Games and as part of the delegation registration process, Member States are required to proactively review their long list after the Pre-Delegation Registration Meeting (Pre-DRM) and before the Final Delegation Registration Meeting (F-DRM). This period is referred to as the D-DRM (Digital-DRM), during which an exchange of information and communication occurs between Member States, Sport Entries, Accreditation, and NOC Services, aimed at reducing the size of their long lists. The D-DRM may involve various forms of communication such as meetings, emails, or phone calls as needed.

Member States are strongly encouraged to utilize athlete qualifications as a basis for evaluating and potentially removing participants from their lists during the D-DRM phase. Additionally, they are urged to collaborate internally and with their National Federations and other relevant stakeholders to take necessary actions, such as naming delegates, in order to minimize the number of unresolved issues or decisions during the F-DRM.

It's important to note that the D-DRM process does not constitute an online sign-off for the F-DRM. However, the possibility of conducting an online sign-off will be assessed on a case-by-case basis.



Final Delegation Registration Meeting

The Final Delegation Registration Meeting (F-DRM) represents the culmination of the delegation registration process for the Accra 2023 Games, during which both the LOC and Member will address and resolve all outstanding matters related to the Member States' participation in the African Games. Attendance at this meeting is mandatory for each Member State and is a critical step in the preparations.

Since the F-DRMs are scheduled to occur at the Technical Meetings Centre at the University of Ghana, Member States are required to nominate up to three representatives during the Pre-Delegation Registration Meeting (Pre-DRM), preferably designating the Chef de Mission along with two other authorized Member State representatives, as confirmed through the Games Management Service. This early nomination is essential for the validation of their accreditation cards upon their arrival at the Village Team Processing Centre, granting them access to the Village Residential Zone. To facilitate this process, F-DRM participants must also present a signed Conditions of Participation form and a valid identification.

During the F-DRM, the Chef de Mission and/or authorized Member State representatives will engage in discussions with Accra 2023 and finalize various matters on behalf of their delegation. It's important to emphasize that the F-DRM is the point at which all decisions become binding, and no further changes will be allowed once it concludes.

As such, it is of utmost importance that the Chef de Mission and/or authorized Member State representatives come to the F-DRM fully prepared, equipped with all the necessary information to make crucial decisions and provide Accra 2023 with details concerning the following areas:

- Sport Entries
- Accreditation
- Village Allotment
- Arrivals & Departures
- Allocation of Member State dedicated vehicles
- Financial matters
- Member State Assistants

The F-DRM will commence with discussions on Sport Entries, where the total number of athletes participating in the Games will be confirmed. Subsequently, following the calculation of the Member State's delegation size in accordance with the established quotas, the Accra 2023 Accreditation team will verify accreditation entitlements and access rights, while the Accra 2023 Member State Services team will confirm the number of beds allocated to the delegation within the Games Village.

Technical Meetings

An Official Technical Delegate for each sport will be nominated by the International Federation (IF) or the African Confederation (AC) to control the competitions. He or she will not be a resident of one of the Participating Countries. The Technical Meetings for each Sport will be coordinated by a Sport Technical Committee composed of:

- The Official Technical Delegate appointed by the IF/AC
- The Technical Director of each sport nominated by the IF/AC.
- Representatives of the Technical Committee of the African Games (TCAG) and the Local Organising Committee (LOC),

The Technical Meeting will take place as stated in the related sport information. The meeting agenda includes:

- Organization of Sport according to the Technical Regulations
- Appointment of Judges/Referees
- Competition draws, where applied
- Controlling of Start list and results
- Training schedule

The Official Technical Delegate of the IF/AC will chair the Technical Committee of each sport.



Medals

For team competition, each member of the three best placed teams who has participated in the tournament will receive a gold, silver or bronze medal.

For some sports disciplines, the medal count in the regulation of the Technical Manual of the IF/AC will be applied.

Award Ceremonies for each event will be held immediately after their respective final at the competition venue or at the Medal Plaza at a predetermined time that will be communicated in advance.



Judges and Referees

Judges and Referees can be:

- International Judges/Referees recognized by the relevant International Federations or African Confederation, entered by name at least one (1) month before the beginning of the Games.

All International Judges/Referees will be integrated in one pool under the responsibility of the Official Technical Delegates of the International Federations nominated for each sport.

Juries of Appeal/General Jury of Appeal

A Jury of Appeal will be appointed for each sport during the technical meeting of the sport concerned, in accordance with the respective rules and practices. The Jury of Appeal shall decide upon all appeals submitted according to the International Rules of that sport. The Official Technical Delegate of the International Federation/African Confederation will chair this Jury.

The Technical Committee of the African Games (TCAG) shall designate at the first meeting of the Games two (2) members (and another two (2) substitutes to ensure neutrality) to sit on the General Jury of Appeal. These two members who are completely neutral in the case, will decide under the chair of the Vice-Chairperson of the TCAG on all other types of appeal.

Protests

Disputes shall be resolved in accordance with the International Federation specific Regulations and with the provisions reported in the TCAG Rules and Regulations. All protests must be notified in written form in English or in French and submitted to the Official Technical Delegate within maximum of (30) thirty-minutes from the moment the results of each event has been officially announced.

A fee must accompany each protest. If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee. For all protests, the official form must be used.

Medical Services

During the 13th African Games, Accra 2023, medical services will be available to any accredited athlete and official who might need them, both at the Games Village and the competition venues.

Games Village

The clinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First aid
- 24h Emergency services

A fleet of ambulances will link the clinic and the main hospitals, should additional care be needed.

Competition venues

During the events, all competition venues will provide to the athletes the following services:

- Medical services
- Ambulance services

Coolers filled with ice will be available for the delegations at all sport venues.

Anti-doping control

Anti-doping controls will be carried out during or out of the competition, under the authority of the Medical and Anti-doping Committee and with the collaboration with WADA, in accordance to World Anti-doping Code.

Any athlete who refuses to submit to a doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned in accordance with the TCAG and the IF/AC regulations.

Sports Clothing

Sport clothing for athletes

Participants at the 13th African Games, Accra 2023 will have to wear a sport clothing that complies with IF/AC and TCAG regulations. Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name of the manufacturer of the clothing or the equipment will be tolerated if it is discreet and does not have any advertisement purpose, in accordance to the TCAG rules.

The same rule will apply for the Medal Ceremonies regarding sport clothing and advertisement. Athletes will step on the podium with the official clothing of their respective Member States.

Sport clothing for referees

International referees and judges will wear an IF/AC approved clothing throughout the competition.

Technical Offices

Technical offices will provide specific information at the competition venues and the Games village. These offices will provide information on the schedule of competition, training sessions, transport, list of athletes and results.

Approval of The Regulations

In case of disagreement on the interpretation of these regulations with any other related version, the French version will take precedence.





13TH AFRICAN GAMES
ACCRA, 2023