



# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

# RESULTS BOOK

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# YOUTH



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Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## YOUTH MEN's MEDALLISTS

|       | LIFT   | RANK | RESULT | NAME                        | BORN | TEAM |
|-------|--------|------|--------|-----------------------------|------|------|
| 49 kg | SNATCH | 1    | 45     | ACEHOOD WAIYAKI ODHIAMBO    | 2011 | KEN  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | C&Jerk | 1    | 56     | ACEHOOD WAIYAKI ODHIAMBO    | 2011 | KEN  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | TOTAL  | 1    | 101    | ACEHOOD WAIYAKI ODHIAMBO    | 2011 | KEN  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
| 55 kg | SNATCH | 1    | 80     | IAN OKINYI ADONGO           | 2009 | KEN  |
|       |        | 2    | 65     | GUILLIANO PIERRE            | 2008 | SEY  |
|       |        | 3    |        |                             |      |      |
|       | C&Jerk | 1    | 95     | IAN OKINYI ADONGO           | 2009 | KEN  |
|       |        | 2    | 83     | GUILLIANO PIERRE            | 2008 | SEY  |
|       |        | 3    |        |                             |      |      |
|       | TOTAL  | 1    | 175    | IAN OKINYI ADONGO           | 2009 | KEN  |
|       |        | 2    | 148    | GUILLIANO PIERRE            | 2008 | SEY  |
|       |        | 3    |        |                             |      |      |
| 61 kg | SNATCH | 1    | 80     | JESSE ABRAHAMS              | 2007 | RSA  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | C&Jerk | 1    | 95     | JESSE ABRAHAMS              | 2007 | RSA  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | TOTAL  | 1    | 175    | JESSE ABRAHAMS              | 2007 | RSA  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
| 67 kg | SNATCH | 1    | 96     | YOUSSEF JANDOUBI            | 2007 | TUN  |
|       |        | 2    | 95     | ANTONIN BROUSSE DE GERSIGNY | 2007 | MRI  |
|       |        | 3    |        |                             |      |      |
|       | C&Jerk | 1    | 118    | ANTONIN BROUSSE DE GERSIGNY | 2007 | MRI  |
|       |        | 2    | 110    | YOUSSEF JANDOUBI            | 2007 | TUN  |
|       |        | 3    |        |                             |      |      |
|       | TOTAL  | 1    | 213    | ANTONIN BROUSSE DE GERSIGNY | 2007 | MRI  |
|       |        | 2    | 206    | YOUSSEF JANDOUBI            | 2007 | TUN  |
|       |        | 3    |        |                             |      |      |
| 73 kg | SNATCH | 1    | 140    | ABDELRAMAN AHMED            | 2008 | EGY  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | C&Jerk | 1    | 174    | ABDELRAMAN AHMED            | 2008 | EGY  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |
|       | TOTAL  | 1    | 314    | ABDELRAMAN AHMED            | 2008 | EGY  |
|       |        | 2    |        |                             |      |      |
|       |        | 3    |        |                             |      |      |



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## YOUTH MEN's MEDALLISTS

|       | LIFT   | RANK | RESULT | NAME                | BORN | TEAM |
|-------|--------|------|--------|---------------------|------|------|
| 89 kg | SNATCH | 1    | 106    | MOHAMED TAHAR AYADI | 2007 | TUN  |
|       |        | 2    |        |                     |      |      |
|       |        | 3    |        |                     |      |      |
|       | C&Jerk | 1    | 134    | MOHAMED TAHAR AYADI | 2007 | TUN  |
|       |        | 2    |        |                     |      |      |
|       |        | 3    |        |                     |      |      |
|       | TOTAL  | 1    | 240    | MOHAMED TAHAR AYADI | 2007 | TUN  |
|       |        | 2    |        |                     |      |      |
|       |        | 3    |        |                     |      |      |



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## YOUTH WOMEN'S MEDALLISTS

|       | LIFT   | RANK | RESULT | NAME               | BORN | TEAM |
|-------|--------|------|--------|--------------------|------|------|
| 49 kg | SNATCH | 1    | 57     | YASSMINE RADHWANI  | 2009 | TUN  |
|       |        | 2    | 41     | LINA AMANDA OMONDI | 2009 | KEN  |
|       |        | 3    |        |                    |      |      |
|       | C&Jerk | 1    | 69     | YASSMINE RADHWANI  | 2009 | TUN  |
|       |        | 2    | 46     | LINA AMANDA OMONDI | 2009 | KEN  |
|       |        | 3    |        |                    |      |      |
|       | TOTAL  | 1    | 126    | YASSMINE RADHWANI  | 2009 | TUN  |
|       |        | 2    | 87     | LINA AMANDA OMONDI | 2009 | KEN  |
|       |        | 3    |        |                    |      |      |
| 55 kg | SNATCH | 1    | 76     | EMNA BEN SAYEH     | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | C&Jerk | 1    | 85     | EMNA BEN SAYEH     | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | TOTAL  | 1    | 161    | EMNA BEN SAYEH     | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
| 59 kg | SNATCH | 1    | 67     | HADHIL GAHLOUZI    | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | C&Jerk | 1    | 80     | HADHIL GAHLOUZI    | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | TOTAL  | 1    | 147    | HADHIL GAHLOUZI    | 2007 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
| 64 kg | SNATCH | 1    | 72     | MERCY KERUBO       | 2009 | KEN  |
|       |        | 2    | 54     | SHARYNA ANTHONY    | 2010 | SEY  |
|       |        | 3    |        |                    |      |      |
|       | C&Jerk | 1    | 88     | MERCY KERUBO       | 2009 | KEN  |
|       |        | 2    | 67     | SHARYNA ANTHONY    | 2010 | SEY  |
|       |        | 3    |        |                    |      |      |
|       | TOTAL  | 1    | 160    | MERCY KERUBO       | 2009 | KEN  |
|       |        | 2    | 121    | SHARYNA ANTHONY    | 2010 | SEY  |
|       |        | 3    |        |                    |      |      |
| 71 kg | SNATCH | 1    | 72     | GHOFRANE GHRISSA   | 2011 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | C&Jerk | 1    | 88     | GHOFRANE GHRISSA   | 2011 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |
|       | TOTAL  | 1    | 160    | GHOFRANE GHRISSA   | 2011 | TUN  |
|       |        | 2    |        |                    |      |      |
|       |        | 3    |        |                    |      |      |



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|        | LIFT   | RANK | RESULT | NAME         | BORN | TEAM |
|--------|--------|------|--------|--------------|------|------|
| 81 kg  | SNATCH | 1    |        |              |      |      |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |
|        | C&Jerk | 1    | 65     | CHLOE TESTA  | 2009 | SEY  |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |
|        | TOTAL  | 1    |        |              |      |      |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |
| +81 kg | SNATCH | 1    | 90     | ZEINAB NAOUI | 2008 | TUN  |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |
|        | C&Jerk | 1    | 104    | ZEINAB NAOUI | 2008 | TUN  |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |
|        | TOTAL  | 1    | 194    | ZEINAB NAOUI | 2008 | TUN  |
|        |        | 2    |        |              |      |      |
|        |        | 3    |        |              |      |      |



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## YOUTH SUMMARY TEAM CLASSIFICATION

| No. | Team               | MEN   | WOMEN | SUMMARY |
|-----|--------------------|-------|-------|---------|
| 1   | TUN : TUNISIA      | 162/2 | 420/5 | 582/7   |
| 2   | KEN : KENYA        | 168/2 | 159/2 | 327/4   |
| 3   | SEY : SEYCHELLES   | 75/1  | 103/2 | 178/3   |
| 4   | RSA : SOUTH AFRICA | 84/1  | 0/0   | 84/1    |
| 5   | EGY : EGYPT        | 84/1  | 0/0   | 84/1    |
| 6   | MRI : MAURITIUS    | 81/1  | 0/0   | 81/1    |



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## YOUTH MEN'S TEAM CLASSIFICATION

| No. | Team               | 49 kg | 55 kg | 61 kg | 67 kg | 73 kg | 89 kg | TOTAL |
|-----|--------------------|-------|-------|-------|-------|-------|-------|-------|
| 1   | KEN : KENYA        | 84/1  | 84/1  | -     | -     | -     | -     | 168/2 |
| 2   | TUN : TUNISIA      | -     | -     | -     | 78/1  | -     | 84/1  | 162/2 |
| 3   | RSA : SOUTH AFRICA | -     | -     | 84/1  | -     | -     | -     | 84/1  |
| 4   | EGY : EGYPT        | -     | -     | -     | -     | 84/1  | -     | 84/1  |
| 5   | MRI : MAURITIUS    | -     | -     | -     | 81/1  | -     | -     | 81/1  |
| 6   | SEY : SEYCHELLES   | -     | 75/1  | -     | -     | -     | -     | 75/1  |



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## YOUTH WOMEN'S TEAM CLASSIFICATION

| No. | Team             | 49 kg | 55 kg | 59 kg | 64 kg | 71 kg | 81 kg | +81 kg | TOTAL |
|-----|------------------|-------|-------|-------|-------|-------|-------|--------|-------|
| 1   | TUN : TUNISIA    | 84/1  | 84/1  | 84/1  | -     | 84/1  | -     | 84/1   | 420/5 |
| 2   | KEN : KENYA      | 75/1  | -     | -     | 84/1  | -     | -     | -      | 159/2 |
| 3   | SEY : SEYCHELLES | -     | -     | -     | 75/1  | -     | 28/1  | -      | 103/2 |





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## YOUTH SUMMARY MEDALS

| No. | Team               | 1  | 2 |
|-----|--------------------|----|---|
| 1   | TUN : TUNISIA      | 19 | 2 |
| 2   | KEN : KENYA        | 9  | 3 |
| 3   | EGY : EGYPT        | 3  |   |
| 4   | RSA : SOUTH AFRICA | 3  |   |
| 5   | MRI : MAURITIUS    | 2  | 1 |
| 6   | SEY : SEYCHELLES   | 1  | 6 |



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## YOUTH MEN 's MEDALS

| No. | Team               | 1 | 2 |
|-----|--------------------|---|---|
| 1   | KEN : KENYA        | 6 |   |
| 2   | TUN : TUNISIA      | 4 | 2 |
| 3   | EGY : EGYPT        | 3 |   |
| 4   | RSA : SOUTH AFRICA | 3 |   |
| 5   | MRI : MAURITIUS    | 2 | 1 |
| 6   | SEY : SEYCHELLES   |   | 3 |



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## YOUTH WOMEN 's MEDALS

| No. | Team             | 1  | 2 |
|-----|------------------|----|---|
| 1   | TUN : TUNISIA    | 12 |   |
| 2   | KEN : KENYA      | 3  | 3 |
| 3   | SEY : SEYCHELLES | 1  | 3 |



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## RESULT YOUTH MEN 49 kg

Competition : 21.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME                         | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|------------------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                              |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 20  | [A] ACEHOOD WAIYAKI ODHIAMBO | 90   | KEN  | 2011 | 40.60 | 40     | 45 | 50 | 45   | 1    | 50           | 55 | 56 | 56   | 1    | 101   | 1    |



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## RESULT YOUTH MEN 55 kg

Competition : 21.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME                  | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|-----------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                       |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 19  | [A] IAN OKINYI ADONGO | 160  | KEN  | 2009 | 54.60 | 70     | 75 | 80 | 80   | 1    | 90           | 95 | 98 | 95   | 1    | 175   | 1    |
| 2   | 1   | [A] GUILLIANO PIERRE  | 130  | SEY  | 2008 | 53.45 | 60     | 60 | 65 | 65   | 2    | 80           | 83 | 87 | 83   | 2    | 148   | 2    |



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## RESULT YOUTH MEN 61 kg

Competition : 21.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME               | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|--------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                    |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 13  | [A] JESSE ABRAHAMS | 167  | RSA  | 2007 | 59.50 | 77     | 80 | 80 | 80   | 1    | 85           | 91 | 95 | 95   | 1    | 175   | 1    |



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## RESULT YOUTH MEN 67 kg

Competition : 21.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME                            | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|---------------------------------|------|------|------|-------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                                 |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 27  | [A] ANTONIN BROUSSE DE GERSIGNY | 190  | MRI  | 2007 | 66.00 | 88     | 93 | 95 | 95   | 2    | 110          | 115 | 118 | 118  | 1    | 213   | 1    |
| 2   | 16  | [A] YOUSSEF JANDOUBI            | 180  | TUN  | 2007 | 67.00 | 89     | 93 | 96 | 96   | 1    | 101          | 110 | --  | 110  | 2    | 206   | 2    |



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## RESULT YOUTH MEN 73 kg

Competition : 22.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME                 | ENT. | TEAM | BORN | BW    | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|----------------------|------|------|------|-------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                      |      |      |      |       | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 14  | [A] ABDELRAMAN AHMED | 305  | EGY  | 2008 | 72.65 | 130    | 140 | 145 | 140  | 1    | 165          | 174 | 180 | 174  | 1    | 314   | 1    |

### BREAK RECORDS

YOUTH AFRICAN RECORDS MEN 73 kg SNATCH : AFRICAN STANDARD [] 120 ---> ABDELRAMAN AHMED [EGY] 140

YOUTH AFRICAN RECORDS MEN 73 kg CLEAN&JERK : AFRICAN STANDARD [] 151 ---> ABDELRAMAN AHMED [EGY] 174

YOUTH AFRICAN RECORDS MEN 73 kg TOTAL : AFRICAN STANDARD [] 269 ---> ABDELRAMAN AHMED [EGY] 314





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## RESULT YOUTH MEN 89 kg

Competition : 22.11.2024 15:00

Weigh in : 13:00

| No. | LOT | NAME                    | ENT. | TEAM | BORN | BW    | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|------|------|-------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |      |      |       | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 12  | [A] MOHAMED TAHAR AYADI | 230  | TUN  | 2007 | 82.85 | 100    | 100 | 106 | 106  | 1    | 126          | 134 | 140 | 134  | 1    | 240   | 1    |



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## RESULT YOUTH WOMEN 49 kg

Competition : 21.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME                   | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|------------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                        |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 36  | [A] YASSMINE RADHWANI  | 120  | TUN  | 2009 | 47.65 | 50     | 57 | 60 | 57   | 1    | 63           | 69 | 74 | 69   | 1    | 126   | 1    |
| 2   | 28  | [A] LINA AMANDA OMONDI | 80   | KEN  | 2009 | 48.10 | 38     | 41 | 45 | 41   | 2    | 43           | 46 | 46 | 46   | 2    | 87    | 2    |



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## RESULT YOUTH WOMEN 55 kg

Competition : 21.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME               | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|--------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                    |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 8   | [A] EMNA BEN SAYEH | 150  | TUN  | 2007 | 54.30 | 66     | 71 | 76 | 76   | 1    | 85           | 92 | 92 | 85   | 1    | 161   | 1    |



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## RESULT YOUTH WOMEN 59 kg

Competition : 21.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME                | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|---------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                     |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 10  | [A] HADHIL GAHLOUZI | 150  | TUN  | 2007 | 58.20 | 60     | 65 | 67 | 67   | 1    | 75           | 80 | 85 | 80   | 1    | 147   | 1    |



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## RESULT YOUTH WOMEN 64 kg

Competition : 22.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME                | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|---------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                     |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 4   | [A] MERCY KERUBO    | 138  | KEN  | 2009 | 62.10 | 68     | 72 | 76 | 72   | 1    | 80           | 85 | 88 | 88   | 1    | 160   | 1    |
| 2   | 24  | [A] SHARYNA ANTHONY | 100  | SEY  | 2010 | 62.95 | 53     | 53 | 54 | 54   | 2    | 63           | 67 | 70 | 67   | 2    | 121   | 2    |



# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## RESULT YOUTH WOMEN 71 kg

Competition : 22.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME                 | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|----------------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                      |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 30  | [A] GHOFRANE GHRISSA | 160  | TUN  | 2011 | 70.00 | 62     | 69 | 72 | 72   | 1    | 82           | 88 | 92 | 88   | 1    | 160   | 1    |



# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## RESULT YOUTH WOMEN 81 kg

Competition : 22.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME            | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|-----------------|------|------|------|-------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                 |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
|     | 6   | [A] CHLOE TESTA | 100  | SEY  | 2009 | 79.25 | 53     | 53 | 53 | --   |      | 60           | 65 | 68 | 65   | 1    | --    |      |



# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## RESULT YOUTH WOMEN +81 kg

Competition : 22.11.2024 12:00

Weigh in : 10:00

| No. | LOT | NAME            | ENT. | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-----------------|------|------|------|-------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                 |      |      |      |       | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 34  | [A] ZEINAB NAOU | 200  | TUN  | 2008 | 84.70 | 80     | 86 | 90 | 90   | 1    | 100          | 104 | 106 | 104  | 1    | 194   | 1    |





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Ruaraka Sports Club



18/11/2024 to 23/11/2024

## START LIST / PROTOCOL

Competition : 21.11.2024 12:00

### WOMEN 49 kg A, 55 kg A, 59 kg A

Weigh in : 10:00

| No.     | LOT | NAME                              | ENT | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|---------|-----|-----------------------------------|-----|------|------|-------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|         |     |                                   |     |      |      |       | 1      | 2  | 3  | Best | Rank | 1            | 2   | 3   | Best | Rank | Best  | Rank |
| 49 kg A |     |                                   |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 1       | 28  | LINA AMANDA OMONDI                | 80  | KEN  | 2009 | 48.10 | 38     | 41 | 45 | 41   |      | 43           | 46  | 46  | 46   |      | 87    |      |
| 2       | 36  | YASSMINE RADHWANI                 | 120 | TUN  | 2009 | 47.65 | 50     | 57 | 60 | 57   |      | 63           | 69  | 74  | 69   |      | 126   |      |
| 55 kg A |     |                                   |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 3       | 8   | EMNA BEN SAYEH                    | 150 | TUN  | 2007 | 54.30 | 66     | 71 | 76 | 76   |      | 85           | 92  | 92  | 85   |      | 161   |      |
| 4       | 25  | TENDRY TSIKY MANOU<br>RAKOTONOELY | 130 | MAD  | 2006 | 54.10 | 50     | 54 | 58 | 58   |      | 65           | 70  | 74  | 70   |      | 128   |      |
| 5       | 31  | MERNA ELTANTAWI                   | 170 | EGY  | 2005 | 54.50 | 70     | 75 | 77 | 77   |      | 91           | 100 | 105 | 100  |      | 177   |      |
| 59 kg A |     |                                   |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 6       | 10  | HADHIL GAHLOUZI                   | 150 | TUN  | 2007 | 58.20 | 60     | 65 | 67 | 67   |      | 75           | 80  | 85  | 80   |      | 147   |      |
| 7       | 15  | ANIKA SNYDERS                     | 121 | RSA  | 2004 | 58.95 | 53     | 56 | 59 | 56   |      | 68           | 72  | 77  | 77   |      | 133   |      |

#### Jury

1. Mr. Horst SAYLER [SWZ]
2. Mr. Kevin DU PLOOY [RSA]
3. Mr. Mahmoud MAHGOUB [EGY]
4. Mr. Abdellaziz BRAHIMI [ALG]
5. Mr. Salim SSENKUNGU [UGA]

#### Referee

- Center - Mr. Joseph ARINDO [KEN]  
Left - Mr. Mohamed SABER [LBA]  
Right - Mr. Poorun BHOLLAH [MRI]  
Reserve - Ms. Janet Musoke  
NAMWANGA [UGA]

#### Chief Marshal

1. Mr. John OGOLLA [KEN]
  2. Mr. Mohit RAMNATH [MRI]
- #### Time Keeper
1. Mr. Emmanuel Guy KIHIMI [CMR]

#### Technical Controller

1. Ms. Puleng Catherine MAKURUBE [RSA]
2. Mr. Frank ACCOUCHE [SEY]

#### Competition Doctor

1. DR. HILLARY KUBAI [KEN]



# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## START LIST / PROTOCOL

Competition : 21.11.2024 15:00

### MEN 49 kg A, 55 kg A, 61 kg A, 67 kg A

Weigh in : 13:00

| No.            | LOT | NAME                               | ENT | TEAM | BORN | BW    | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|----------------|-----|------------------------------------|-----|------|------|-------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|                |     |                                    |     |      |      |       | 1      | 2   | 3   | Best | Rank | 1            | 2   | 3   | Best | Rank | Best  | Rank |
| <b>49 kg A</b> |     |                                    |     |      |      |       |        |     |     |      |      |              |     |     |      |      |       |      |
| 1              | 20  | ACEHOOD WAIYAKI ODHIAMBO           | 90  | KEN  | 2011 | 40.60 | 40     | 45  | 50  | 45   |      | 50           | 55  | 56  | 56   |      | 101   |      |
| <b>55 kg A</b> |     |                                    |     |      |      |       |        |     |     |      |      |              |     |     |      |      |       |      |
| 2              | 1   | GUILLIANO PIERRE                   | 130 | SEY  | 2008 | 53.45 | 60     | 60  | 65  | 65   |      | 80           | 83  | 87  | 83   |      | 148   |      |
| 3              | 7   | NAJIB KIVUMBI                      | 110 | UGA  | 2005 | 46.60 | 60     | 63  | 67  | 67   |      | 82           | 86  | 88  | 86   |      | 153   |      |
| 4              | 19  | IAN OKINYI ADONGO                  | 160 | KEN  | 2009 | 54.60 | 70     | 75  | 80  | 80   |      | 90           | 95  | 98  | 95   |      | 175   |      |
| 5              | 32  | AVOTRINIAINA JOSEPH RAKOTOMANDIMBY | 210 | MAD  | 2004 | 54.30 | 85     | 95  | 95  | 95   |      | 105          | 113 | 117 | 113  |      | 208   |      |
| <b>61 kg A</b> |     |                                    |     |      |      |       |        |     |     |      |      |              |     |     |      |      |       |      |
| 6              | 11  | LEEAM ROBERT                       | 160 | SEY  | 2005 | 59.90 | 65     | 70  | 70  | 70   |      | 90           | 92  | 96  | 96   |      | 166   |      |
| 7              | 13  | JESSE ABRAHAMS                     | 167 | RSA  | 2007 | 59.50 | 77     | 80  | 80  | 80   |      | 85           | 91  | 95  | 95   |      | 175   |      |
| 8              | 33  | JOSHUA AMUNGA MBOYA                | 210 | KEN  | 2005 | 59.80 | 95     | 95  | 98  | 98   |      | 115          | 118 | 120 | 120  |      | 218   |      |
| <b>67 kg A</b> |     |                                    |     |      |      |       |        |     |     |      |      |              |     |     |      |      |       |      |
| 9              | 9   | SHABAN KIMBOWA                     | 190 | UGA  | 2004 | 67.00 | 85     | 90  | 95  | 90   |      | 113          | 119 | 119 | 119  |      | 209   |      |
| 10             | 16  | YOUSSEF JANDOUBI                   | 180 | TUN  | 2007 | 67.00 | 89     | 93  | 96  | 96   |      | 101          | 110 | --  | 110  |      | 206   |      |
| 11             | 17  | NOURELDIN ZAKY                     | 245 | EGY  | 2004 | 65.85 | 115    | 123 | 130 | 123  |      | 145          | 151 | 162 | 151  |      | 274   |      |
| 12             | 21  | MOHAMED SHALABI                    | 230 | LBA  | 2005 | 66.55 | 107    | 112 | 113 | 107  |      | 135          | 146 | 152 | 146  |      | 253   |      |
| 13             | 27  | ANTONIN BROUSSE DE GERSIGNY        | 190 | MRI  | 2007 | 66.00 | 88     | 93  | 95  | 95   |      | 110          | 115 | 118 | 118  |      | 213   |      |

#### Jury

1. Mr. Horst SAYLER [SWZ]
2. Mr. Kevin DU PLOOY [RSA]
3. Mr. Mahmoud MAHGOUB [EGY]
4. Mr. Abdellaziz BRAHIMI [ALG]
5. Mr. Salim SSENKUNGU [UGA]

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# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## START LIST / PROTOCOL

Competition : 22.11.2024 12:00

### WOMEN 64 kg A, 71 kg A, 76 kg A, 81 kg A, 87 kg A

Weigh in : 10:00

| No.            | LOT | NAME                       | ENT | TEAM | BORN | BW    | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|----------------|-----|----------------------------|-----|------|------|-------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|                |     |                            |     |      |      |       | 1      | 2  | 3  | Best | Rank | 1            | 2   | 3   | Best | Rank | Best  | Rank |
| <b>64 kg A</b> |     |                            |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 1              | 4   | MERCY KERUBO               | 138 | KEN  | 2009 | 62.10 | 68     | 72 | 76 | 72   |      | 80           | 85  | 88  | 88   |      | 160   |      |
| 2              | 18  | SEPHORA EUGENIE LENT MARIE | 170 | MRI  | 2005 | 63.85 | 78     | 78 | 78 | 78   |      | 87           | 92  | 96  | 92   |      | 170   |      |
| 3              | 24  | SHARYNA ANTHONY            | 100 | SEY  | 2010 | 62.95 | 53     | 53 | 54 | 54   |      | 63           | 67  | 70  | 67   |      | 121   |      |
| <b>71 kg A</b> |     |                            |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 4              | 2   | SHANGITA NAGARAJAN         | 130 | SEY  | 2006 | 69.55 | 60     | 63 | 67 | 63   |      | 70           | 75  | 80  | 75   |      | 138   |      |
| 5              | 5   | SHIMAA HASABELNABY         | 185 | EGY  | 2005 | 70.50 | 73     | 80 | 85 | 85   |      | 95           | 105 | 110 | 110  |      | 195   |      |
| 6              | 30  | GHOFRANE GHRISSA           | 160 | TUN  | 2011 | 70.00 | 62     | 69 | 72 | 72   |      | 82           | 88  | 92  | 88   |      | 160   |      |
| <b>76 kg A</b> |     |                            |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 7              | 23  | RACHEL ACHIENG ENOCK       | 160 | KEN  | 2004 | 73.25 | 76     | 82 | 82 | 82   |      | 93           | 98  | 102 | 98   |      | 180   |      |
| <b>81 kg A</b> |     |                            |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 8              | 6   | CHLOE TESTA                | 100 | SEY  | 2009 | 79.25 | 53     | 53 | 53 | --   |      | 60           | 65  | 68  | 65   |      | --    |      |
| <b>87 kg A</b> |     |                            |     |      |      |       |        |    |    |      |      |              |     |     |      |      |       |      |
| 9              | 34  | ZEINAB NAQUI               | 200 | TUN  | 2008 | 84.70 | 80     | 86 | 90 | 90   |      | 100          | 104 | 106 | 104  |      | 194   |      |

#### Jury

- Mr. Horst SAYLER [SWZ]
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- Mr. Mahmoud MAHGOUB [EGY]
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# African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women  
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18/11/2024 to 23/11/2024

## START LIST / PROTOCOL

Competition : 22.11.2024 15:00

### MEN 73 kg A, 81 kg A, 89 kg A, 109 kg A

Weigh in : 13:00

| No.      | LOT | NAME                      | ENT | TEAM | BORN | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|----------|-----|---------------------------|-----|------|------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|          |     |                           |     |      |      |        | 1      | 2   | 3   | Best | Rank | 1            | 2   | 3   | Best | Rank | Best  | Rank |
| 73 kg A  |     |                           |     |      |      |        |        |     |     |      |      |              |     |     |      |      |       |      |
| 1        | 14  | ABDELRAMAN AHMED          | 305 | EGY  | 2008 | 72.65  | 130    | 140 | 145 | 140  |      | 165          | 174 | 180 | 174  |      | 314   |      |
| 2        | 26  | MOHAMMED MASOUD           | 250 | LBA  | 2004 | 71.25  | 115    | 122 | 125 | 115  |      | 140          | 150 | 160 | 160  |      | 275   |      |
| 3        | 35  | WELLINGTON OJUANG SHITILU | 205 | KEN  | 2004 | 71.80  | 90     | 95  | 100 | 95   |      | 110          | 117 | 121 | 117  |      | 212   |      |
| 81 kg A  |     |                           |     |      |      |        |        |     |     |      |      |              |     |     |      |      |       |      |
| 4        | 3   | TREVOR LEO KIANGA KISEWA  | 150 | KEN  | 2005 | 74.20  | 65     | 70  | 75  | 75   |      | 85           | 90  | 95  | 90   |      | 165   |      |
| 5        | 29  | HELMI ABDELBARI           | 305 | EGY  | 2004 | 74.30  | 130    | 140 | 140 | 130  |      | 165          | 175 | 180 | 175  |      | 305   |      |
| 89 kg A  |     |                           |     |      |      |        |        |     |     |      |      |              |     |     |      |      |       |      |
| 6        | 12  | MOHAMED TAHAR AYADI       | 230 | TUN  | 2007 | 82.85  | 100    | 100 | 106 | 106  |      | 126          | 134 | 140 | 134  |      | 240   |      |
| 109 kg A |     |                           |     |      |      |        |        |     |     |      |      |              |     |     |      |      |       |      |
| 7        | 22  | LIAM CHANDLER             | 270 | RSA  | 2004 | 108.85 | 127    | 133 | 140 | 133  |      | 142          | 150 | 156 | 156  |      | 289   |      |

#### Jury

1. Mr. Horst SAYLER [SWZ]
2. Mr. Kevin DU PLOOY [RSA]
3. Mr. Mahmoud MAHGOUB [EGY]
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Weightlifting Championships Nairobi Kenya  
Ruaraka Sports Club



18/11/2024 to 23/11/2024

## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

MR. HORST SAYLER [SWZ] \*President of Jury  
MR. KEVIN DU PLOOY [RSA]  
MR. MAHMOUD MAHGOUB [EGY]  
MR. ABDELLAZIZ BRAHIMI [ALG]  
MR. SALIM SSENKUNGU [UGA]

### REFEREE Member Group 1 :

MR. JOSEPH ARINDO [KEN]  
MR. MOHAMED SABER [LBA]  
MR. POORUN BHOLLAH [MRI]  
MS. JANET MUSOKE NAMWANGA [UGA]



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Ruaraka Sports Club



18/11/2024 to 23/11/2024

## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

MR. JOHN OGOLLA [KEN]  
MR. MOHIT RAMNATH [MRI]

### TIMEKEEPER Member Group 1 :

MR. EMMANUEL GUY KIHIMI [CMR]

### TECHNICAL CONTROLLER Member Group 1 :

MS. PULENG CATHERINE MAKURUBE [RSA]  
MR. FRANK ACCOUCHE [SEY]

### DOCTOR ON DUTY Member Group 1 :

DR. HILLARY KUBAI [KEN]

### SPEAKER Member Group 1 :

MR. PIUS OCHIENG [KEN]



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18/11/2024 to 23/11/2024

## NEW RECORDS

| RECORDS                  | CATRGORY  | NEW RECORDS             | NAME             | TEAM | BORN | DATE       |
|--------------------------|-----------|-------------------------|------------------|------|------|------------|
| AFRICAN RECORDS - JUNIOR | MEN 73 kg | CLEAN&JERK 171 ---> 174 | ABDELRAMAN AHMED | EGY  | 2008 | 22.11.2024 |
| AFRICAN RECORDS - YOUTH  | MEN 73 kg | SNATCH 120 ---> 140     | ABDELRAMAN AHMED | EGY  | 2008 | 22.11.2024 |
| AFRICAN RECORDS - YOUTH  | MEN 73 kg | CLEAN&JERK 151 ---> 174 | ABDELRAMAN AHMED | EGY  | 2008 | 22.11.2024 |
| AFRICAN RECORDS - YOUTH  | MEN 73 kg | TOTAL 269 ---> 314      | ABDELRAMAN AHMED | EGY  | 2008 | 22.11.2024 |



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## MEN 's ROBI TOTAL POINT

| R. | NAME                        | BORN | TEAM | B.WEIGHT | TOTAL | POINT    |
|----|-----------------------------|------|------|----------|-------|----------|
| 1  | ABDELRAMAN AHMED            | 2008 | EGY  | 72.65    | 314   | 1054.770 |
| 2  | ANTONIN BROUSSE DE GERSIGNY | 2007 | MRI  | 66.00    | 213   | 300.139  |
| 3  | IAN OKINYI ADONGO           | 2009 | KEN  | 54.60    | 175   | 282.625  |
| 4  | YOUSSEF JANDOUBI            | 2007 | TUN  | 67.00    | 206   | 268.604  |
| 5  | MOHAMED TAHAR AYADI         | 2007 | TUN  | 82.85    | 240   | 267.369  |
| 6  | JESSE ABRAHAMS              | 2007 | RSA  | 59.50    | 175   | 220.134  |
| 7  | GUILLIANO PIERRE            | 2008 | SEY  | 53.45    | 148   | 161.977  |
| 8  | ACEHOOD WAIYAKI ODHIAMBO    | 2011 | KEN  | 40.60    | 101   | 74.184   |





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18/11/2024 to 23/11/2024

## WOMEN 's ROBI TOTAL POINT

| R. | NAME               | BORN | TEAM | B.WEIGHT | TOTAL | POINT   |
|----|--------------------|------|------|----------|-------|---------|
| 1  | EMNA BEN SAYEH     | 2007 | TUN  | 54.30    | 161   | 502.991 |
| 2  | ZEINAB NAOUI       | 2008 | TUN  | 84.70    | 194   | 403.236 |
| 3  | MERCY KERUBO       | 2009 | KEN  | 62.10    | 160   | 336.909 |
| 4  | GHOFRANE GHRISSA   | 2011 | TUN  | 70.00    | 160   | 299.528 |
| 5  | YASSMINE RADHWANI  | 2009 | TUN  | 47.65    | 126   | 255.520 |
| 6  | HADHIL GAHLOUZI    | 2007 | TUN  | 58.20    | 147   | 232.692 |
| 7  | SHARYNA ANTHONY    | 2010 | SEY  | 62.95    | 121   | 133.183 |
| 8  | LINA AMANDA OMONDI | 2009 | KEN  | 48.10    | 87    | 74.660  |
| 9  | CHLOE TESTA        | 2009 | SEY  | 79.25    | --    |         |