



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



START BOOK





African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



TIME TABLE

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
21.11.2024											
1	W	49 kg A , 55 kg A , 59 kg A	12:00	7	1	1	1	1	1		1
2	M	49 kg A , 55 kg A , 61 kg A , 67 kg A	15:00	13	1	1	1	1	1		1
22.11.2024											
3	W	64 kg A , 71 kg A , 76 kg A , 81 kg A , 87 kg A	12:00	9	1	1	1	1	1		1
4	M	73 kg A , 81 kg A , 89 kg A , 109 kg A	15:00	7							



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

MR. HORST SAYLER [SWZ] *President of Jury
MR. KEVIN DU PLOOY [RSA]
MR. MAHMOUD MAHGOUB [EGY]
MR. ABDELLAZIZ BRAHIMI [ALG]
MR. SALIM SSENKUNGU [UGA]

REFEREE Group 1 :

MR. JOSEPH ARINDO [KEN]
MR. MOHAMED SABER [LBA]
MR. POORUN BHOLLAH [MRI]
MS. JANET MUSOKE NAMWANGA [UGA]



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Group 1 :

MR. JOHN OGOLLA [KEN]
MR. MOHIT RAMNATH [MRI]

TIMEKEEPER Group 1 :

MR. EMMANUEL GUY KIHIMI [CMR]

TECHNICAL CONTROLLER Group 1 :

MS. PULENG CATHERINE MAKURUBE [RSA]
MR. FRANK ACCOUCHE [SEY]

COMPETITION DOCTOR Group 1 :

DR. HILLARY KUBAI [KEN]

SPEAKER Group 1 :

MR. PIUS OCHIENG [KEN]



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



STATISTICS MEN

No	TEAM	49 kg	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	109 kg	TOTAL
1	EGY : EGYPT				1	1	1			3
2	KEN : KENYA	1	1	1		1	1			5
3	LBA : LIBYAN				1	1				2
4	MAD : MADAGASCAR		1							1
5	MRI : MAURITIUS				1					1
6	RSA : SOUTH AFRICA			1					1	2
7	SEY : SEYCHELLES		1	1						2
8	TUN : TUNISIA				1			1		2
9	UGA : UGANDA		1		1					2
	Grand Total	1	4	3	5	3	2	1	1	20



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



STATISTICS WOMEN

No	TEAM	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	TOTAL
1	EGY : EGYPT		1			1				2
2	KEN : KENYA	1			1		1			3
3	MAD : MADAGASCAR		1							1
4	MRI : MAURITIUS				1					1
5	RSA : SOUTH AFRICA			1						1
6	SEY : SEYCHELLES				1	1		1		3
7	TUN : TUNISIA	1	1	1		1			1	5
	Grand Total	2	3	2	3	3	1	1	1	16



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



STATISTICS JUNIOR MEN

No	TEAM	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	109 kg	TOTAL
1	EGY : EGYPT			1	1	1			3
2	KEN : KENYA	1	1		1	1			4
3	LBA : LIBYAN			1	1				2
4	MAD : MADAGASCAR	1							1
5	MRI : MAURITIUS			1					1
6	RSA : SOUTH AFRICA		1					1	2
7	SEY : SEYCHELLES	1	1						2
8	TUN : TUNISIA			1			1		2
9	UGA : UGANDA	1		1					2
	Grand Total	4	3	5	3	2	1	1	19



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



STATISTICS JUNIOR WOMEN

No	TEAM	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	TOTAL
1	EGY : EGYPT		1			1				2
2	KEN : KENYA	1			1		1			3
3	MAD : MADAGASCAR		1							1
4	MRI : MAURITIUS				1					1
5	RSA : SOUTH AFRICA			1						1
6	SEY : SEYCHELLES					1		1		2
7	TUN : TUNISIA	1	1	1					1	4
	Grand Total	2	3	2	2	2	1	1	1	14



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



STATISTICS YOUTH MEN

No	TEAM	49 kg	55 kg	61 kg	67 kg	73 kg	89 kg	TOTAL
1	EGY : EGYPT					1		1
2	KEN : KENYA	1	1					2
3	MRI : MAURITIUS				1			1
4	RSA : SOUTH AFRICA			1				1
5	SEY : SEYCHELLES		1					1
6	TUN : TUNISIA				1		1	2
	Grand Total	1	2	1	2	1	1	8



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



STATISTICS YOUTH WOMEN

No	TEAM	49 kg	55 kg	59 kg	64 kg	71 kg	81 kg	+81 kg	TOTAL
1	KEN : KENYA	1			1				2
2	SEY : SEYCHELLES				1		1		2
3	TUN : TUNISIA	1	1	1		1		1	5
	Grand Total	2	1	1	2	1	1	1	9



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



COMBINED STATISTICS
Age Group

No	TEAM	JUNIOR		YOUTH		MEN	WOMEN	TOTAL
		MEN	WOMEN	MEN	WOMEN			
1	EGY : EGYPT	3	2	1	0	3	2	5
2	KEN : KENYA	4	3	2	2	5	3	8
3	LBA : LIBYAN	2	0	0	0	2	0	2
4	MAD : MADAGASCAR	1	1	0	0	1	1	2
5	MRI : MAURITIUS	1	1	1	0	1	1	2
6	RSA : SOUTH AFRICA	2	1	1	0	2	1	3
7	SEY : SEYCHELLES	2	2	1	2	2	3	5
8	TUN : TUNISIA	2	4	2	5	2	5	7
9	UGA : UGANDA	2	0	0	0	2	0	2
Grand Total		19	14	8	9	20	16	36



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	EGY : EGYPT	3	2	5
2	KEN : KENYA	5	3	8
3	LBA : LIBYAN	2	0	2
4	MAD : MADAGASCAR	1	1	2
5	MRI : MAURITIUS	1	1	2
6	RSA : SOUTH AFRICA	2	1	3
7	SEY : SEYCHELLES	2	3	5
8	TUN : TUNISIA	2	5	7
9	UGA : UGANDA	2	0	2
	Grand Total	20	16	36



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



JUNIOR WOMEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
45 kg	SNATCH	71Kg.	ROSINA RANDAFIARISON		MAD	08.11.2019	ANTANANARIVO
	CLEAN&JERK	86Kg.	African Standard			01.11.2018	African Standard
	TOTAL	156Kg.	ROSINA RANDAFIARISON		MAD	08.11.2019	ANTANANARIVO
49 kg	SNATCH	79Kg.	NOURA MOHAMED		EGY	05.12.2022	BOGOTA
	CLEAN&JERK	96Kg.	STELLA PETER KINGSLEY		NGR	08.12.2021	TASHKENT
	TOTAL	168Kg.	STELLA PETER KINGSLEY		NGR	08.12.2021	TASHKENT
55 kg	SNATCH	97Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
	CLEAN&JERK	114Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
	TOTAL	211Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
59 kg	SNATCH	92Kg.	Ghofrane BELKHIR		TUN	10.12.2018	Cairo
	CLEAN&JERK	120Kg.	Ghofrane BELKHIR		TUN	25.05.2021	TASHKENT
	TOTAL	211Kg.	Ghofrane BELKHIR		TUN	25.05.2021	TASHKENT
64 kg	SNATCH	106Kg.	NEMA SAID FAHMI		EGY	12.12.2021	TASHKENT
	CLEAN&JERK	127Kg.	NEMA SAID FAHMI		EGY	12.12.2021	TASHKENT
	TOTAL	233Kg.	NEMA SAID FAHMI		EGY	12.12.2021	TASHKENT
71 kg	SNATCH	111Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	CLEAN&JERK	141Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	TOTAL	252Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
76 kg	SNATCH	110Kg.	Sara Samir AHMED		EGY	11.12.2018	Cairo
	CLEAN&JERK	140Kg.	Sara Samir AHMED		EGY	11.12.2018	Cairo
	TOTAL	250Kg.	Sara Samir AHMED		EGY	11.12.2018	Cairo
81 kg	SNATCH	107Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	132Kg.	African Standard			01.11.2018	African Standard
	TOTAL	237Kg.	African Standard			01.11.2018	African Standard
87 kg	SNATCH	110Kg.	RAHMA EL SAYED		EGY	26.09.2024	LEON
	CLEAN&JERK	135Kg.	African Standard			01.11.2018	African Standard
	TOTAL	242Kg.	African Standard			01.11.2018	African Standard
+87 kg	SNATCH	105Kg.	SHIMAA KHALED RAGAB		EGY	30-10-2023	CAIRO
	CLEAN&JERK	140Kg.	SHIMAA KHALED RAGAB		EGY	30-10-2023	CAIRO
	TOTAL	245Kg.	SHIMAA KHALED RAGAB		EGY	30-10-2023	CAIRO

JUNIOR MEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
55 kg	SNATCH	112Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	130Kg.	African Standard			01.11.2018	African Standard
	TOTAL	238Kg.	African Standard			01.11.2018	African Standard
61 kg	SNATCH	122Kg.	EL SAYED ALI ATTIA		EGY	20.09.2024	LEON
	CLEAN&JERK	149Kg.	EL SAYED ALI ATTIA		EGY	20.09.2024	LEON
	TOTAL	271Kg.	EL SAYED ALI ATTIA		EGY	20.09.2024	LEON
67 kg	SNATCH	135Kg.	JOSEPH UMOAFIA EDIDIONG		NGR	09.12.2021	TASHKENT
	CLEAN&JERK	161Kg.	MOHAMED EL SAYED		EGY	04.05.2022	HERAKLION
	TOTAL	295Kg.	JOSEPH UMOAFIA EDIDIONG		NGR	09.1.2021	TASHKENT
73 kg	SNATCH	146Kg.	MOHAMED ALZINTANI		LBA	22.09.2024	LEON
	CLEAN&JERK	171Kg.	MOHAMED ALZINTANI		LBA	22.09.2024	LEON
	TOTAL	317Kg.	MOHAMED ALZINTANI		LBA	22.09.2024	LEON
81 kg	SNATCH	161Kg.	ABDEL RAHMAN EL SAYED		EGY	23.09.2024	LEON
	CLEAN&JERK	189Kg.	ABDEL RAHMAN EL SAYED		EGY	23.09.2024	LEON
	TOTAL	350Kg.	ABDEL RAHMAN EL SAYED		EGY	23.09.2024	LEON
89 kg	SNATCH	163Kg.	Ahmed Sayed Ashour ALI		EGY	28.04.2019	Cairo
	CLEAN&JERK	200Kg.	Ahmed Sayed Ashour ALI		EGY	28.04.2019	Cairo
	TOTAL	363Kg.	Ahmed Sayed Ashour ALI		EGY	28.04.2019	Cairo
96 kg	SNATCH	165Kg.	Ahmed Sayed Ashour ALI		EGY	05.06.2019	SUVA
	CLEAN&JERK	209Kg.	MOHAMED HOSNY HASSAN		EGY	13-09-2023	RIYAEH
	TOTAL	374Kg.	MOHAMED HOSNY HASSAN		EGY	13-09-2023	RIYAEH
102 kg	SNATCH	170Kg.	MOHAMED HASSAN		EGY	08-02-2024	ISMAILIA EGYPT
	CLEAN&JERK	200Kg.	MOHAMED HASSAN		EGY	08-02-2024	ISMAILIA EGYPT
	TOTAL	370Kg.	MOHAMED HASSAN		EGY	08-02-2024	ISMAILIA EGYPT
109 kg	SNATCH	173Kg.	Aymen BACHA		TUN	29.04.219	Cairo
	CLEAN&JERK	205Kg.	Richmond OSARFO		GHA	08.11.2018	Ashgabat
	TOTAL	366Kg.	Aymen BACHA		TUN	29.04.219	Cairo
+109 kg	SNATCH	166Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	203Kg.	African Standard			01.11.2018	African Standard
	TOTAL	368Kg.	African Standard			01.11.2018	African Standard



African Youth and Junior Weightlifting Championships
 African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
 Weightlifting Championships Nairobi Kenya
 Ruaraka Sports Club
 18/11/2024 to 23/11/2024



YOUTH WOMEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
40 kg	SNATCH	45Kg.	MAISSA KHATHRAOUI		TUN	25.03.2023	DURRES
	CLEAN&JERK	65Kg.	MAISSA KHATHRAOUI		TUN	25.03.2023	DURRES
	TOTAL	110Kg.	MAISSA KHATHRAOUI		TUN	25.03.2023	DURRES
45 kg	SNATCH	67Kg.	HABIBA SAAD		EGY	12.06.2022	LION MIXCO
	CLEAN&JERK	78Kg.	bASMA RAMADAN		EGY	26-10-2023	CAIRO
	TOTAL	137Kg.	HABIBA SAAD		EGY	12.06.2022	LION MIXCO
49 kg	SNATCH	79Kg.	NOURA MOHAMEWD		EGY	05.12.2022	BOGOTA
	CLEAN&JERK	87Kg.	HABIBA SAAD		EGY	23.05.2024	LIMA
	TOTAL	156Kg.	HABIBA SAAD		EGY	23.05.2024	LIMA
55 kg	SNATCH	80Kg.	NOURA MOHAMED		EGY	28.10.2022	CAIRO
	CLEAN&JERK	97Kg.	AYA MOTAWEA		EGY	27.03.2023	DURRES
	TOTAL	174Kg.	NOURA MOHAMED		EGY	28.10.2022	CAIRO
59 kg	SNATCH	92Kg.	Ghofrane BELKHIR		TUN	10.12.2018	CAIRO
	CLEAN&JERK	114Kg.	Ghofrane BELKHIR		TUN	10.12.2018	CAIRO
	TOTAL	206Kg.	Ghofrane BELKHIR		TUN	10.12.2018	CAIRO
64 kg	SNATCH	91Kg.	NEAMA SAID FAHMI		EGY	27.04.2019	CAIRO
	CLEAN&JERK	111Kg.	NEAMA SAID FAHMI		EGY	27.04.2019	CAIRO
	TOTAL	202Kg.	NEAMA SAID FAHMI		EGY	27.04.2019	CAIRO
71 kg	SNATCH	100Kg.	OGBONNE JOY EZE		NGR	13.12.2021	TASHKENT
	CLEAN&JERK	130Kg.	OGBONNE JOY EZE		NGR	13.12.2021	TASHKENT
	TOTAL	230Kg.	OGBONNE JOY EZE		NGR	13.12.2021	TASHKENT
76 kg	SNATCH	101Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	124Kg.	African Standard			01.11.2018	African Standard
	TOTAL	221Kg.	RAHMA EL SAYED		EGY	30.03.2023	DURRES
81 kg	SNATCH	105Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	131Kg.	African Standard			01.11.2018	African Standard
	TOTAL	232Kg.	SHAMS ABDELAZIM		EGY	31.03.2023	DURRES
+81 kg	SNATCH	99Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	122Kg.	African Standard			01.11.2018	African Standard
	TOTAL	218Kg.	African Standard			01.11.2018	African Standard

YOUTH MEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
49 kg	SNATCH	76Kg.	EMILE Wilem Gwendal		MRI	08.03.2019	Las Vegas
	CLEAN&JERK	95Kg.	ABDELMONIEM SHETAUWY		ALG	27-10-2023	CAIRO
	TOTAL	170Kg.	ABDELMONIEM SHETAUWY		ALG	27-10-2023	CAIRO
55 kg	SNATCH	99Kg.	MAHMOUD SAJIR JEBALI		TUN	26.06.2023	DURRES
	CLEAN&JERK	125Kg.	DAVIS NIYOYITA		UGA	07.12.2021	TASHKENT
	TOTAL	220Kg.	DAVIS NIYOYITA		UGA	07.12.2021	TASHKENT
61 kg	SNATCH	102Kg.	MOHAMED AZIZ BELHAJ		TUN	26.04.2019	CAIRO
	CLEAN&JERK	126Kg.	African Standard			01.11.2018	African Standard
	TOTAL	227Kg.	African Standard			01.11.2018	African Standard
67 kg	SNATCH	128Kg.	HASSAN ABDEL RAHMAN		EGY	23.05.2024	LIMA
	CLEAN&JERK	158Kg.	HASSAN ABDEL RAHMAN		EGY	23.05.2024	LIMA
	TOTAL	286Kg.	HASSAN ABDEL RAHMAN		EGY	23.05.2024	LIMA
73 kg	SNATCH	120Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	151Kg.	African Standard			01.11.2018	African Standard
	TOTAL	269Kg.	African Standard			01.11.2018	African Standard
81 kg	SNATCH	144Kg.	MOSTAFA MAHMOUD BAKRY		EGY	24.05.2024	LIMA
	CLEAN&JERK	182Kg.	MAHMOUD HOSNY EL SAYED		EGY	06.05.2022	HERAKLION
	TOTAL	324Kg.	MAHMOUD HOSNY EL SAYED		EGY	06.05.2022	HERAKLION
89 kg	SNATCH	150Kg.	MAHMOUD HOSNY EL SAYED		EGY	15.06.2022	LEON MEXICO
	CLEAN&JERK	193Kg.	MAHMOUD HOSNY EL SAYED		EGY	15.06.2022	LEON MEXICO
	TOTAL	343Kg.	MAHMOUD HOSNY EL SAYED		EGY	15.06.2022	LEON MEXICO
96 kg	SNATCH	144Kg.	MAHGOUB EL SAYED RABEA		EGY	25.05.2024	LIMA
	CLEAN&JERK	167Kg.	MAHGOUB EL SAYED RABEA		EGY	25.05.2024	LIMA
	TOTAL	311Kg.	MAHGOUB EL SAYED RABEA		EGY	25.05.2024	LIMA
102 kg	SNATCH	140Kg.	MASHAL OMAR MAHMOUD		EGY	25.05.2024	ALIMA
	CLEAN&JERK	170Kg.	MASHAL OMAR MAHMOUD		EGY	25.05.2024	LIMA
	TOTAL	310Kg.	MASHAL OMAR MAHMOUD		EGY	25.05.2024	LIMA
+102 kg	SNATCH	135Kg.	BILAL BOUMMAR		MAR	12.10.2021	JEDDAH
	CLEAN&JERK	161Kg.	KHELWIN JUBOO		MRI	10.09.2019	KAMPALA
	TOTAL	296Kg.	BILAL BOUMMAR		MAR	12.10.2021	JEDDAH



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



START LIST

WOMEN 49 kg A , 55 kg A , 59 kg A

Competition : 21.11.2024 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.	JUNIOR	YOUTH
49 kg A							
1	28	LINA AMANDA OMONDI	2009	KEN	80	49	49
2	36	YASSMINE RADHWANI	2009	TUN	120	49	49
55 kg A							
1	8	EMNA BEN SAYEH	2007	TUN	150	55	55
2	25	TENDRY TSIKY MANOU RAKOTONOELY	2006	MAD	130	55	
3	31	MERNA ELTANTAWI	2005	EGY	170	55	
59 kg A							
1	10	HADHIL GAHLOUZI	2007	TUN	150	59	59
2	15	ANIKA SNYDERS	2004	RSA	121	59	

Jury

1. Mr. Horst SAYLER [SWZ] * President of Jury
2. Mr. Kevin DU PLOOY [RSA]
3. Mr. Mahmoud MAHGOUB [EGY]
4. Mr. Abdellaziz BRAHIMI [ALG]
5. Mr. Salim SSENKUNGU [UGA]

Referee

- C- Mr. Joseph ARINDO [KEN] L- Mr. Mohamed SABER [LBA] R- Mr. Poorun BHOLLAH [MRI]
Res- Ms. Janet Musoke NAMWANGA [UGA]

Chief Marshal

1. Mr. John OGOLLA [KEN]
2. Mr. Mohit RAMNATH [MRI]

Time Keeper

1. Mr. Emmanuel Guy KIHIMI [CMR]

Technical Controller

1. Ms. Puleng Catherine MAKURUBE [RSA]
2. Mr. Frank ACCOUCHE [SEY]

Competition Doctor

1. DR. HILLARY KUBAI [KEN]

Records:	Snatch	Clean and Jerk	Total
49 kg- <i>JUNIOR AFRICAN RECORDS</i>	79 - NOURA MOHAMED[EGY]	96 - STELLA PETER KINGSLEY[NGR]	168 - STELLA PETER KINGSLEY[NGR]
49 kg- <i>YOUTH AFRICAN RECORDS</i>	79 - NOURA MOHAMEWD [EGY]	87 - HABIBA SAAD [EGY]	156 - HABIBA SAAD [EGY]
55 kg- <i>JUNIOR AFRICAN RECORDS</i>	97 - Nouha LANDOULSI[TUN]	114 - Nouha LANDOULSI[TUN]	211 - Nouha LANDOULSI[TUN]
55 kg- <i>YOUTH AFRICAN RECORDS</i>	80 - NOURA MOHAMED[EGY]	97 - AYA MOTAWEA[EGY]	174 - NOURA MOHAMED[EGY]
59 kg- <i>JUNIOR AFRICAN RECORDS</i>	92 - Ghofrane BELKHIR[TUN]	120 - Ghofrane BELKHIR[TUN]	211 - Ghofrane BELKHIR[TUN]
59 kg- <i>YOUTH AFRICAN RECORDS</i>	92 - Ghofrane BELKHIR[TUN]	114 - Ghofrane BELKHIR[TUN]	206 - Ghofrane BELKHIR[TUN]



African Youth and Junior Weightlifting Championships

African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



START LIST

MEN 49 kg A , 55 kg A , 61 kg A , 67 kg A

Competition : 21.11.2024 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.	JUNIOR	YOUTH
49 kg A							
1	20	ACEHOOD WAIYAKI ODHIAMBO	2011	KEN	90		49
55 kg A							
1	1	GUILLIANO PIERRE	2008	SEY	130	55	55
2	7	NAJIB KIVUMBI	2005	UGA	110	55	
3	19	IAN OKINYI ADONGO	2009	KEN	160	55	55
4	32	AVOTRINIAINA JOSEPH RAKOTOMANDIMBY	2004	MAD	210	55	
61 kg A							
1	11	LEEAM ROBERT	2005	SEY	160	61	
2	13	JESSE ABRAHAMS	2007	RSA	167	61	61
3	33	JOSHUA AMUNGA MBOYA	2005	KEN	210	61	
67 kg A							
1	9	SHABAN KIMBOWA	2004	UGA	190	67	
2	16	YOUSSEF JANDOUBI	2007	TUN	180	67	67
3	17	NOURELDIN ZAKY	2004	EGY	245	67	
4	21	MOHAMED SHALABI	2005	LBA	230	67	
5	27	ANTONIN BROUSSE DE GERSIGNY	2007	MRI	190	67	67

Jury

1. Mr. Horst SAYLER [SWZ] * President of Jury
2. Mr. Kevin DU PLOOY [RSA]
3. Mr. Mahmoud MAHGOUB [EGY]
4. Mr. Abdellaziz BRAHIMI [ALG]
5. Mr. Salim SSENKUNGU [UGA]

Referee

- C- Ms. Janet Musoke NAMWANGA [UGA] L- Mr. Joseph ARINDO [KEN] R- Mr. Mohamed SABER [LBA]
Res- Mr. Poorun BHOLLAH [MRI]

Chief Marshal

1. Mr. John OGOLLA [KEN]
2. Mr. Mohit RAMNATH [MRI]

Time Keeper

1. Mr. Emmanuel Guy KIHIMI [CMR]

Technical Controller

1. Ms. Puleng Catherine MAKURUBE [RSA]
2. Mr. Frank ACCOUCHE [SEY]

Competition Doctor

1. DR. HILLARY KUBAI [KEN]

Records:	Snatch	Clean and Jerk	Total
49 kg-YOUTH AFRICAN RECORDS	76 - EMILE Wilem Gwendal[MRI]	95 - ABDELMONIEM SHETAWY[ALG]	170 - ABDELMONIEM SHETAWY[ALG]
55 kg-JUNIOR AFRICAN RECORDS	112 - African Standard	130 - African Standard	238 - African Standard
55 kg-YOUTH AFRICAN RECORDS	99 - MAHMOUD SAJIR JEBALI[TUN]	125 - DAVIS NIYOYITA[UGA]	220 - DAVIS NIYOYITA[UGA]
61 kg-JUNIOR AFRICAN RECORDS	122 - EL SAYED ALI ATTIA[EGY]	149 - EL SAYED ALI ATTIA[EGY]	271 - EL SAYED ALI ATTIA[EGY]
61 kg-YOUTH AFRICAN RECORDS	102 - MOHAMED AZIZ BELHAJ[TUN]	126 - African Standard	227 - African Standard
67 kg-JUNIOR AFRICAN RECORDS	135 - JOSEPH UMOAFIA EDIDIIONG[NGR]	161 - MOHAMED EL SAYED[EGY]	295 - JOSEPH UMOAFIA EDIDIIONG[NGR]
67 kg-YOUTH AFRICAN RECORDS	128 - HASSAN ABDEL RAHMAN[EGY]	158 - HASSAN ABDEL RAHMAN[EGY]	286 - HASSAN ABDEL RAHMAN[EGY]



African Youth and Junior Weightlifting Championships
African Youth 14 Men and 13 Women and Junior 28 Men and 23 Women
Weightlifting Championships Nairobi Kenya
Ruaraka Sports Club
18/11/2024 to 23/11/2024



START LIST

MEN 73 kg A , 81 kg A , 89 kg A , 109 kg A

Competition : 22.11.2024 15:00

Weigh in : 13:00

No	LOT	NAME	BORN	TEAM	ENT.	JUNIOR	YOUTH
73 kg A							
1	14	ABDELRAMAN AHMED	2008	EGY	305	73	73
2	26	MOHAMMED MASOUD	2004	LBA	250	73	
3	35	WELLINGTON OJUANG SHITILU	2004	KEN	205	73	
81 kg A							
1	3	TREVOR LEO KIANGA KISEWA	2005	KEN	150	81	
2	29	HELMY ABDELBARI	2004	EGY	305	81	
89 kg A							
1	12	MOHAMED TAHAR AYADI	2007	TUN	230	89	89
109 kg A							
1	22	LIAM CHANDLER	2004	RSA	270	109	

Referee

C- Mr. Mohamed SABER [LBA]
Res- Mr. Joseph ARINDO [KEN]

L- Mr. Poorun BHOLLAH [MRI]

R- Ms. Janet Musoke NAMWANGA [UGA]

Records:	Snatch	Clean and Jerk	Total
<i>73 kg-JUNIOR AFRICAN RECORDS</i>	146 - MOHAMED ALZINTANI[LBA]	171 - MOHAMED ALZINTANI[LBA]	317 - MOHAMED ALZINTANI[LBA]
<i>73 kg-YOUTH AFRICAN RECORDS</i>	120 - African Standard	151 - African Standard	269 - African Standard
<i>81 kg-JUNIOR AFRICAN RECORDS</i>	161 - ABDEL RAHMAN EL SAYED [EGY]	189 - ABDEL RAHMAN EL SAYED [EGY]	350 - ABDEL RAHMAN EL SAYED [EGY]
<i>81 kg-YOUTH AFRICAN RECORDS</i>	144 - MOSTAFA MAHMOUD BAKRY[EGY]	182 - MAHMOUD HOSNY EL SAYED[EGY]	324 - MAHMOUD HOSNY EL SAYED[EGY]
<i>89 kg-JUNIOR AFRICAN RECORDS</i>	163 - Ahmed Sayed Ashour ALI[EGY]	200 - Ahmed Sayed Ashour ALI[EGY]	363 - Ahmed Sayed Ashour ALI[EGY]
<i>89 kg-YOUTH AFRICAN RECORDS</i>	150 - MAHMOUD HOSNY EL SAYED[EGY]	193 - MAHMOUD HOSNY EL SAYED[EGY]	343 - MAHMOUD HOSNY EL SAYED[EGY]
<i>109 kg-JUNIOR AFRICAN RECORDS</i>	173 - Aymen BACHA[TUN]	205 - Richmond OSARFO[GHA]	366 - Aymen BACHA[TUN]