

WEIGHTLIFTING FEDERATION OF AFRICA (WFA)



Senior Women's African Records / Until 15 December 2024

Cat.	Events	Records	Name	Nation	Event Date	Event Place
45 kg	Snatch	77 kg	Rosina RANDAFIARISON	MAD	04.09.2023	Riyadh
	Clean-jerk	93 kg	Rosina RANDAFIARISON	MAD	04.09.2023	Riyadh
	Total	170 kg	Rosina RANDAFIARISON	MAD	04.09.2023	Riyadh
49 kg	Snatch	80 kg	Rosina RANDAFIARISON	MAD	07.08.2024	Paris
	Clean-jerk	100 kg	Rosina RANDAFIARISON	MAD	07.08.2024	Paris
	Total	180 kg	Rosina RANDAFIARISON	MAD	07.08.2024	Paris
55 kg	Snatch	97 kg	Nouha LANDOULSI	TUN	03.11.2018	Ashgabat
	Clean-jerk	116 kg	Adijat Adenike OLARINOYE	NGR	25.08.2019	Rabat
	Total	211 kg	Nouha LANDOULSI	TUN	03.11.2018	Ashgabat
59 kg	Snatch	101 kg	Rafiatu Folashade LAWAL	NGR	03.04.2024	Phuket
	Clean-jerk	130 kg	Rafiatu Folashade LAWAL	NGR	08.08.2024	Paris
	Total	230 kg	Rafiatu Folashade LAWAL	NGR	08.08.2024	Paris
64 kg	Snatch	106 kg	Neama Said Fahmi SAID	EGY	12.12.2021	Tashkent
	Clean-jerk	127 kg	Neama Said Fahmi SAID	EGY	12.12.2021	Tashkent
	Total	233 kg	Neama Said Fahmi SAID	EGY	12.12.2021	Tashkent
71 kg	Snatch	111 kg	Sara Samir AHMED	EGY	06.11.2018	Ashgabat
	Clean-jerk	141 kg	Sara Samir AHMED	EGY	06.11.2018	Ashgabat
	Total	252 kg	Sara Samir AHMED	EGY	06.11.2018	Ashgabat
76 kg	Snatch	113 kg	Sara Samir AHMED	EGY	13.12.2022	Bogota
	Clean-jerk	148 kg	Sara Samir AHMED	EGY	13.12.2022	Bogota
	Total	261 kg	Sara Samir AHMED	EGY	13.12.2022	Bogota
81 kg	Snatch	117 kg	Sara Samir AHMED	EGY	17.05.2023	Tunis
	Clean-jerk	151 kg	Sara Samir AHMED	EGY	17.05.2023	Tunis
	Total	268 kg	Sara Samir AHMED	EGY	17.05.2023	Tunis
87 kg	Snatch	118 kg	African Standard		01.11.2018	African Standard
	Clean-jerk	146 kg	African Standard		01.11.2018	African Standard
	Total	261 kg	African Standard		01.11.2018	African Standard
+87 kg	Snatch	124 kg	Halima ABBAS	EGY	31.10.2022	Cairo
	Clean-jerk	153 kg	Halima ABBAS	EGY	15.12.2022	Bogota
	Total	275 kg	Halima ABBAS	EGY	15.12.2022	Bogota

